

**GOVERNMENT OF INDIA
MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT
DEPARTMENT OF SOCIAL JUSTICE AND EMPOWERMENT**

An Umbrella Scheme for Senior Citizens.

**National Action Plan for Welfare of Senior Citizens
(NAPSrC)**

(w.e.f. 01.04.2020)

Scheme of National Action Plan for Welfare of Senior Citizens (NAPSrC)

1. Introduction and Background:

As India experiences sustained periods of growth, the population will become healthier and live longer. Research indicates that 12% of India's population will be over the age of 60 by 2030 and according to the UN Population Fund; this is expected to increase to 19.4% by 2050. Projection indicates there are going to be more women than men in the 60+ age group. Increased longevity has resulted in a rise of population above 80 years of age, which accounts for nearly **1.1 Crore** people. With around 6 lakh people over the age of 100, India is expected to have the highest number of centenarians by 2050. As the number of senior citizens increase – from 10.38 Crore in 2011 to an estimated 17.3 Crore in 2026 and 30 Crore in 2050 - the need for programmes for their welfare increases. Increase in life expectancy, coupled with nuclearization of families, dependency on others for their day-to-day maintenance and age-related difficulties; pose a tough challenge to the lives of elderly people. The problem gets exacerbated for the elderly women due to higher economic dependency. In rural areas, where 70% of the elderly live, migration of younger people for economic reasons and the poor quality of medical services, leads to a grim situation, especially for those above 80 years of age. With 5.1 crore of the elderly population living below the poverty line and increasing crimes against senior citizens, the vulnerability of elderly people is unquestionable. Further, as people are living longer post their retirement, the challenge is to find ways to remain actively engaged and productive, with dignity and involving all the following stakeholders of elderly sector:-

- i. Elderly themselves (Rural/Urban, of all ages Male and Females, Bedridden persons)
 - ii. Their Informal caregivers/Families (unpaid care givers) in the community
1. Formal Care-Givers (paid)
 2. Government be it in Elderly Care or Social Welfare departments, or Health or State Government in general especially people at grass-root/ cutting edge level
 3. Care Institutions (Public/Private)
 4. Health care Institutions
 5. Local Bodies/ Corporates
 6. The Non-Profit or Non-Governmental Associations
 7. The Think Tanks
 8. The Media and
 9. Finally the Public at large.

A national overview of the measures taken by the Department of Social Justice and Empowerment in the Government of India are at [Annexure 1](#).

2. Rationale of the Scheme

This Plan lays down in one document, the vision, mission and the plan of action of the Government of India for welfare and well being of senior citizens of the country. It brings together articulation of each of the current schemes, future plans, strategies and targets and maps it with schemes/programmes, accountabilities, financials and clear outcomes. This Plan takes care of the top four needs of the senior citizens viz. financial security, food, health care and human interaction /life of dignity. It also includes the facets of safety/protection and general wellbeing of the elderly beginning from awareness generation and sensitization of the society.

The Scheme has been formulated on the basis of several discussions and deliberations, which the Department of Social Justice and Empowerment had with Officers of Central Ministries/Department dealing with the issues related to the Senior Citizens and representatives from National Institute of Social Defence (NISD), United Nations Population Fund (UNFPA), All India Senior Citizens Confederation (AIISCON), National Institute of Rural Development and Panchayati Raj (NIRD), Tata Trust, Regional Resource & Training Centres of Sr. Citizen Division of the Ministry, etc.

3. Vision of the Scheme

A country which is committed to protecting, caring and providing for the welfare and wellbeing of its elderly.

4. Mission of the Scheme

To create an ecosystem where all Indians can age gracefully and live a life of dignity, with focus on concerted and synergised action on the existing and emerging needs of the senior citizens.

5. Developmental Objectives/goals of the Scheme

Development objectives of the NAPSrC are to work on the following components to fulfil the vision and mission of the scheme:

- i. Financial Security
- ii. Health Care and Nutrition
- iii. Shelter and Welfare
- iv. Protection of life and property of Senior Citizens
- v. Active and Productive Ageing with Intergenerational Bonding and Skill Development
- vi. Accessibility, transport and Age friendly environment
- vii. Awareness Generation and Capacity Building
- viii. Promoting Silver Economy: senior friendly industrial goods and services in the society
- ix. Research and Study
- x. Project Management

6. Scope and coverage under the scheme

This scheme shall cover all possible affirmative action's which can be taken for the welfare and well-being of the Senior Citizens in the county enabling each one of them to live a

life of dignity. Action can be taken under any and each of its 10 developmental objectives and its sub components as stated above. **The detailed scope and coverage of the scheme is as per Annexure II.** The activities/ schemes/programmes incorporated therein can be implemented either independently by the Government of India, or in collaboration with State Governments and other implementing agencies including voluntary and non-voluntary organisations/ Trusts/ Charitable companies/any public body or organisations having legal status of its own, any other organisation of repute which may be approved by the Secretary, SJE. The action will be taken under its four sub schemes.

7. Sub Schemes under the umbrella scheme National Action Plan for Senior Citizens (NAPSrC)

The NAPSrC is an umbrella scheme and shall have four sub-schemes under it, namely:

(A) Scheme of Integrated Programme for Senior Citizens (IPSrC): APPENDIX A

Setting up of Homes to improve the quality of life of the Senior Citizens, especially indigent senior citizens by providing basic amenities like shelter, food, medical care and entertainment opportunities and by encouraging productive and active ageing.

(B) State Action Plan for Senior Citizens (SAPSrC): APPENDIX B

· The Government of India perceives a major and critical role of all State Governments in partnering and implementing this Action Plan for welfare of senior citizens. Appreciating the critical and significant role of States/UTs, each State/UT is expected to plan and strategize taking into account their local considerations and frame their own State Action Plans for the welfare of their senior citizens.

· This State Action Plan may comprise a long term strategy for five years as well as Annual Action Plans.

· Department of Social justice and Empowerment shall release funds to the States/UTs for formulation and implementation of their State Action Plans.

· The States are expected to put in their own funds to augment the resources available for this purpose. While the states are free to include their own strategies and programmes as a part of their State Action Plans, the design of the SAPrC for which funding will be admissible under this sub scheme from 2020-21 onwards has been finalized, which should be implemented on priority by all the States/UTs out of the funds released under NAPSrC.

(C) Convergence with Initiatives of other Ministries/ Departments in Government of India in the field of Senior Citizens welfare.(CWMSrC): APPENDIX C

The NAPSrC has identified initiatives to be taken by different Departments for the benefit of senior citizens. These initiatives would be collated, department-wise and communicated to them for proposing Annual Action Plans in collaboration with this department.

(D) Media, advocacy, Capacity building, Research and Study, Pilots and any other project aimed towards the welfare of the senior citizens and falling under the scope and coverage of the NAPSrC through NISD (NISDSrC): APPENDIX D

National Institute of Social Defence (NISD), an autonomous body of this Department is expected to be the resource centre on senior citizens in the country. It will be equipped to implement directly any project in furtherance of the objectives of the NAPSrC

8. Budget/financials for the proposed NAPSrC:

The Budget Provisions for the year 2020-21 is proposed to be Rs **200crore** followed by an equal amount each year. The year-wise allocation shall be allocated between the sub schemes as per requirements and availability of funds with the approval of the Secretary Department of SJ&E.

9. Implementation Mechanism:

The NAPSrC will be implemented by the DoSJE in the following manner:

- The Senior Citizen Division and National Institute of Social Defence (NISD) in the Department of Social Justice will be the Implementing Divisions.
- Together they would be responsible for conceptualizing, framing and implementing the projects/programmes under NAPSrC across the country and liaison with various stakeholders for implementation.
- Adequate Technical and Managerial support in terms of human and financial resources will be provided as per requirement to the Additional /Joint Secretary and the Director NISD.
- In collaboration with the other Ministries/Departments of the Government of India or directly by them through funding from this Department under the Scheme.
- In collaboration with State Governments/ UT Administrations or directly by them through funding from this Department under the Scheme.
- In collaboration with organisations like autonomous organisations of the Government, Public Trusts, Companies, public bodies or any other organisation of repute which is approved by Secretary SJ&E or directly by them through funding from this Department under the Scheme.
- Through direct funding of Non-Government Organisations/voluntary organisations, etc
- The Department shall prepare an annual action plan in the month of January-February laying out the targets, funding and implementation mechanism for the next year.
- The Department of Social Justice and Empowerment would review and modify the guidelines and implementation arrangements based on progress of implementation of NAPSrC, whenever deemed necessary.
- Every Government/Organization/Institution receiving funds under this Scheme shall submit Utilization Certificate (UCs) as per GFR, 2017.
- A robust and well defined monitoring mechanism will be a part of the NAPSrC to ensure timely implementation and to ensure quality.

10. Monitoring and Oversight:

A **Steering Committee** would be constituted under the Chairpersonship of the Secretary/ Additional Secretary, Department of Social Justice and Empowerment including representatives from Ministry of Health and Family Welfare, Ministry of Rural Development, Ministry of Home Affairs, Ministry of Finance, Ministry of Labour & Employment, Department of Pensions, Department of Empowerment of Persons with Disabilities, Ministry of Railways, Ministry of Road Transport & Highways, Ministry of Civil Aviation, Ministry of Women and Child Development, Ministry of Panchayati Raj, NISD, RRTCs dealing with the matter of Senior Citizens. The Additional/Joint Secretary (Senior Citizen Division) will be the Member Secretary.

- A **Project Management Committee** would be constituted under the Chairpersonship of the concerned Additional/Joint Secretary, Department of Social Justice and Empowerment to monitor the implementation of components under this

scheme on monthly basis. The Committee would include Director/ Deputy Secretary (Sr. Citizen), Department of Social Justice and Empowerment, Director, NISD, Dy. Director (Old Age) NISD, Technical and Managerial support professionals, etc. The Chairperson of the Committee would be authorized to invite representatives of any other Ministry/ Department of the Government of India, State Government, NGOs and experts for the Meeting.

- A **Screening Committee** under the Chairpersonship of concerned Additional/Joint Secretary will be constituted to recommend the proposals for funding under the NAPSrC. Recommendations of the Committee will be approved by the Secretary in the Department.
- **The monitoring will have three components:-**
 - (1) Regular progress reporting through (Project Management Unit) PMU set up in NISD by the Department on the basis of
 - Progress reports/Inspection reports on the Portal
 - Offline/physical progress reports where not available on portal
 - Observation of performance through live tracking of projects by CCTV/WEBSITE of implementing agencies.
 - (2) Monthly monitoring through Project Management Committee at the level of Joint Secretary.
 - (3) Half yearly progress monitoring through Steering Committee and
 - (4) Annual progress monitoring by the HMSJ&E
- Third party evaluation may be conducted on regular intervals through a reputed Agency working in the field of ageing in accordance with Government of India instructions issued from time to time.
- The Department of Social Justice and Empowerment and NISD would formulate and establish any further monitoring mechanisms for effective implementation of various activities under the Scheme.

APPENDIX A

(A) Scheme of Integrated Programme for Senior Citizens (IPSrC):

I. Objectives: The main objective of the programmes in the scheme is to improve the quality of life of the Senior Citizens, especially indigent senior citizens by providing basic amenities like shelter, food, medical care and entertainment opportunities and by encouraging productive and active ageing through providing support for capacity building of State/UT Governments/Non-Governmental Organizations(NGOs)/ Panchayati Raj Institutions (PRIs) / local bodies and the community at large.

II. Target Group: Indigent Senior Citizens.

III. PROGRAMMES ADMISSIBLE FOR ASSISTANCE UNDER THE SUB SCHEME

(i) **Maintenance of Senior Citizens' Homes for 25 beneficiaries including those under SansadAdarsh Gram Yojana (SAGY)** to provide food, care and shelter for a minimum number of 25 indigent Senior Citizens. The implementing Agencies are free to provide additional items/other amenities in these homes from their own resources. The organizations shall be allowed to incur the expenditure as given in **APPENDIX- I**.

(ii) **Maintenance of Senior Citizens' Homes for 50 beneficiaries including those under SansadAdarsh Gram Yojana (SAGY)** to provide food, care and shelter for a minimum number of 50 indigent Senior Citizens (male only/male and female combined).The organizations shall be allowed to incur the expenditure as given in **APPENDIX- II**.

(iii) **Maintenance of Senior Citizens' Homes for 50 elderly women only.** The organizations shall be allowed to incur the expenditure as given in **APPENDIX- II**.

(iv) **Maintenance of Continuous Care Homes and Homes for senior citizens afflicted with Alzheimer's disease/ Dementia** for a minimum of 20 Senior Citizens who are seriously ill requiring continuous nursing care and respite or those who are afflicted with Alzheimer's disease/ Dementia. Grant-in aid is given to agencies that have shown a credible track record in running Charitable Hospitals/ Nursing Homes/Medical Institutions/Colleges. Such agencies will be eligible for grants for running and maintenance of continuous care and Homes for senior citizens afflicted with Alzheimer's disease/ Dementia for a minimum of 20 Senior Citizens suffering from mild to severe disability. The organizations shall be allowed to incur expenditure as given in **APPENDIX- III**.

(v) **Maintenance of Regional Resource and Training Centres.**

- Regional Resource and Training Centres (RRTCs) will work as key nodal agency on aged care under overall direction & supervision of Department of SJE, providing overall technical support and inputs on senior citizens programs in their assigned States allocated by the Ministry.
- Their mandate is to carry out **advocacy, awareness generation, training of stakeholders, database generation, inspections, monitoring, research and liaising with the State Governments of the States** assigned in the field of old age care.
- They would also act as a technical support group to the State Government in preparing the State Action Plan, monitoring its implementation and evaluation of outcomes.

- They would liaise with District Social welfare officers and expedite the state government recommendations on project proposals.
- They would prepare an Annual Action Plan for their own activities which should include visits, capacity building programmes, monitoring and evaluation exercise,
 - They will upload their field visits on the e-Anudaan portal along-with photographs and their observation on regular basis,
 - Monitoring/ Inspection of the projects being assisted under the programme by the D/o SJE, as required from time to time, and at least twice in the financial year visits to projects, under their jurisdiction, shall be made by the respective RRTC during the months of April and October every year, and
- The organizations shall be allowed to incur expenditure as given in **APPENDIX-IV**

(vi) Maintenance of Mobile Medicare Unit (MMU) for Senior Citizens and Physiotherapy Clinics for Senior Citizens: Renewal/Ongoing projects of MMU and Physiotherapy Clinics for senior citizens shall continue to be supported under the sub-scheme of IPSrC as per cost norms indicated in **Model-II** and **Model-III** under **sub-scheme SAPSrC** respectively. However, no new project of MMU and Physiotherapy Clinic shall be sanctioned under the sub-scheme of IPSrC.

IV. IMPLEMENTING AGENCIES

Under the Sub Scheme, assistance will be sanctioned to the following agencies subject to the terms and conditions laid down by this Ministry:-

- i. Priority would be given to the State Governments / UT Administrations for supporting the projects under the Scheme of IPSrC through Registered Societies/ Panchayati Raj Institutions (PRIs) / Local bodies, in the vicinity of Hospitals, as far as possible;
- ii. Non-Governmental/Voluntary Organizations including trusts/charitable institutions etc;
- iii. Institutions or Organizations set up by Government as autonomous/ subordinate bodies;
- iv. Government Recognized Educational Institutions, Charitable Hospitals/ Nursing Homes, and recognized youth organizations such as Nehru Yuva Kendra Sangathan (NYKS);

V. Extent of Support under the Scheme:

- i. 90% of the cost of the project indicated in the scheme will be provided by the Government of India and the remaining shall be borne by the Organization/ Institution concerned.
- ii. 95% of project cost shall be admissible to the projects being run in the North Eastern and Himalyan States [Himachal Pradesh, Uttarakhand and Jammu & Kashmir (now UT of J&K and UT of Ladakh)].
- iii. 100% of the project cost assistance shall be admissible for the project, which are being run by the State Government/Union Territory (through regd. Societies)/ Panchayati Raj Institution/ Local Bodies, recognized Youth Organizations such as Nehru Yuva Kendra Sangathan (NYKS), National Service Scheme (NSS) as well as to the Regional Resource and Training Centres (RRTCs).

VI. Qualification of Staff and duties: Minimum qualification required and duties of the staff engaged in the projects under the Scheme are as follows:-

S. No.	NAME OF THE POST	MINIMUM QUALIFICATION AND DUTIES
1	Superintendent	Qualification - Graduate with experience of managing such centres for a minimum period of 3 years or demonstrable capability for running such centres and having working knowledge of computers. Duties - Overall management of the project.
2	Doctor	Qualification -MBBS/ BAMS/ BHMS. Duties - Doctor must visit the centre at least twice a week for health check-up of all the beneficiaries. The doctor is bound to attend the beneficiaries in emergency. As far as possible Doctor residing near the centre should be engaged.
3	Yoga therapist	Qualification -Diploma in Yoga from a recognized Institute. Duties - Yoga therapist should visit the Centre at least three times in a week for a minimum one hour per day. Honorarium per day should not be more than Rs. 400 /- with a monthly ceiling of Rs. 5000/-
4	Social Worker/ Counsellor	Qualification - Graduate in any discipline with three years' experience in the field. He/ She must hold a Certificate of relevant Training Course from National Institute of Social Defence (NISD) / Regional Resource and Training Centre (RRTC) and should have knowledge of local language. Duties - To assess the emotional status of the inmates and to render counselling services as may be required. The Social Worker/ Counsellor should attend the Centre at least 2 hours every day.
5	Nurse	Qualification -Should be qualified as Auxiliary Nurse Midwife (ANM) and should have received training from recognized government / private medical institution. Duties - Nurse should visit the project for a minimum of 2 hours per day for 5 days in a week, for basic medical check-up of the inmates and also to provide nursing/ basic geriatric care.
6	Cook	Qualification – Should have passed 8th Standard and should have experience of cooking local food for minimum 3 years. Duties - Prepare the daily food for the inmates including Morning Tea, Breakfast, Lunch, Evening Tea and Dinner.
7	Multi Tasking Staff [MTS]	Qualification - Should have passed 8th Standard and should have experience of working for minimum 2 years in similar capacity. Duties – To perform the duties of Chowkidar, Helper, Cleaner. Must clean all the rooms, veranda/ courtyard and kitchen at least 2 times a day, cleaning of bathrooms and toilets at least 3 times a day, and to extend assistance as & when required.

8	Project Coordinator	<p>Qualification : MA Social sciences, 2 years work experience in training & research.</p> <p>Duties : Conducting a series of capacity building, sensitization and awareness generation programmes, that cover various themes related to old age care. Collecting and Maintaining a database of institutions working in the field of old age care and other information related to Old Age care. Preparing & updating list of grantee NGOs under IPOP, rapport building, interaction, monitoring visits and compilation of the NGO monitoring formats Assisting and implementing and coordinating overall tasks of RRTC in association with project director/ Consultant.</p>
9	Programme Officer cum Accountant	<p>Qualification: Senior Secondary having the knowledge of accounts and computer operations.</p> <p>Duties- Inspection and monitoring of the projects of the scheme. Compilation of Accounts, computerizing collected database & information, maintaining records & files, maintaining records of trainees, resource persons, beneficiaries and NGOs.</p>
10	Support Staff cum Data Entry Operator	<p>Qualification –must have passed 10th Standard and should have working knowledge of computers.</p> <p>Duties- Physical maintenance of records of the projects, Assistance in maintaining of Data base, general cleanliness & upkeep of the project office, other non-clerical work, Assisting in routine office work of other staff which includes basic computer work, postage, maintaining of registers, follow up and overall admin support.</p>
11	Project Director/ Consultant	<p>Qualification : Masters degree, PG course in gerontology, 3 years work experience in community development.</p> <p>Duties : Over-all incharge of the project and responsible for preparing annual action plan and fulfilling the mandate of RRTC i.e database generation, research, designing IEC material, planning, supervising training & capacity building calendar , NGO Monitoring, preparing & implementing awareness generation & advocacy plan on old age issues. Preparing & updating list of grantee NGOs under IPOP, rapport building, interaction, monitoring visits and compilation of the NGO monitoring formats. Holding meetings with state Govt. functionaries and other stakeholders. Documentation, report writing and media management etc.</p>

VII. ELIGIBILITY CRITERIA FOR THE NON-GOVERNMENTAL VOLUNTARY ORGANISATIONS FOR ASSISTANCE UNDER THE SCHEME

- i. The organisation should be:-
 - a. Registered under the Societies Registration Act, 1860 (XXI of 1860) or any relevant Act of the State / Union Territory; or
 - b. A Public Trust registered under the law for the time being in force;

or

 - c. A charitable company licensed under Section 25 of the Companies Act, 1958; or
 - d. Indian Red Cross Society or its branches; or

- e. Any other public body or institution having a legal status of its own; or
 - f. Any other organization of repute, which may be approved by the Secretary, Department of Social Justice and Empowerment.
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- ii. The voluntary organization should have been registered for at least two years, and should have had at least two years experience in the social sector at the time of applying for grant under the scheme. This can, however, be waived off by the Screening Committee/Secretary, Department of Social Justice and Empowerment, for reasons to be recorded in writing, in exceptional cases.
 - iii. The Non-Governmental Organizations (NGOs)/ Voluntary Organizations (VOs) must have a Bank Account maintained and operated in the joint name of NGO/VOs.
 - iv. Criteria of working for at least 2 years shall not be applicable in the case of State Governments/UT Administrations. State Governments may explore the possibility for setting up of the projects in the vicinity of Hospitals, as far as possible. Similarly in the case of the North Eastern region, J&K, Deserted areas and under serviced/under-represented areas, this condition of two years may not be applicable.
 - v. The Organization shall have a properly constituted managing body with its powers, duties and responsibilities clearly defined and laid down in a written Constitution; It shall have an appropriate administrative structure and a duly constituted Managing/ Executive Committee.
 - vi. The organization is initiated and governed by its own members on democratic principles.
 - vii. The Organization shall not run for profit to any individual or a body of individuals.
 - viii. Organization should possess proven credentials and capabilities to handle such projects.
 - ix. The organisation should have its own website for pro-active disclosure of the information, as far as possible.

VIII. DETAILED GUIDELINES & PROCEDURE FOR SUBMISSION OF PROPOSALS:

The detailed guidelines regarding eligibility conditions for availing grant-in aid under the scheme, procedure of submission of applications and other terms and conditions along with the extent of support are provided in this Section. These guidelines may be modified from time to time, according to needs, with the approval of the Minister for Social Justice & Empowerment on the recommendations of the Committee constituted under the Chairpersonship of Secretary (SJ&E) with concerned Additional Secretary/Joint Secretary and representatives of NITI AAYOG / other concerned Ministries/ Departments and Integrated Finance Division of the Ministry of Social Justice and Empowerment as Members.

IX. PROCEDURE FOR SUBMISSION OF PROPOSALS AND RELEASE OF GRANT- IN- AID

All proposals received under the scheme will be considered in accordance with general guidelines issued for processing of cases for grant-in aid to the NGOs by the Ministry and the relevant provisions of the General Financial Rules (GFR) - 2017 as amended from time to time and based on the guidelines currently in prevalence and as amended from time to time.

Online Processing: The Ministry has introduced a computerized system for on-line submission and processing of application of NGOs/VOs. The process flow in the electronic mode would require the applications to be processed online at the District level and the State level where verifications and approvals would be authenticated by digital signatures by the designated officer for each Scheme at the District level and the State level. All paper documents (originals) submitted by the NGOs would be held by the District Social Welfare Officer, in physical form. All the applicant NGOs under various schemes may be got registered online in the first instance. The NIC units at district & State level will be available to render all possible assistance to the concerned officials as well as the NGOs. NGOs/VOs shall apply online on the e-Anudaan-portal of this Ministry i.e. www.grants-msje.gov.in. Before applying for Grant-in-Aid, the NGO should register itself on the NGO-PS portal of the NITI AAYOG and the Registration number should be indicated in the relevant column of the Application form.

Applications in the prescribed proforma shall be submitted / forwarded/recommended by the State Government / Administration of the Union Territory on the e-Anudaan portal of this Ministry (<http://www.grants-msje.gov.in/>) in the following manner:

FRESH/NEW PROPOSALS

1. All fresh/new proposals for sanction of projects under the Scheme shall be submitted online on the e-Anudaan portal of this Ministry (<http://www.grants-msje.gov.in/>) in the prescribed proforma along with relevant documents by **31st March** each year, or within the timeline as prescribed by the Department from time to time.
2. As soon as the proposal is uploaded on e-Anudaan portal, it would be available at Central Ministry level as well as at District Administration/State Government level for examining the proposals at their level. District Administration/State Government shall recommend such New/Fresh proposals along-with Inspection reports by **31st May** each year, or within the timeline as prescribed by the Department from time to time..
3. All New/Fresh proposals received on e-Anudaan portal within the stipulated time line, shall **ONLY** be considered by the Screening Committee constituted for this purpose in the Ministry. Such Proposals where recommendations of the State Governments are not received by 31st May, or within the timeline as prescribed by the Department from time to time, shall also be considered by the Screening committee on the basis of the recommendations/report of the Regional Resource Training Centre/central team /PMU/ specified Third party's field report.
4. Meeting of the Screening committee shall be held by 5th of June each year, or within the timeline as prescribed by the Department from time to time, in which the State Government representative shall be given a second opportunity to bring recommendations on all those proposals where recommendation has not been uploaded till then.
5. Before putting up before the Screening Committee, the new proposals received will be assessed on the following criteria as per the following weightage :
 - Performance of the organization based on pre-determined parameters: 50%
 - Organisations majorly working in the field of Old Age care : 20%

- Resource generation/ mobilization of resources by the organisation : 20%
 - Transparency/online pro-active disclosure by the organisation: 10%
6. After approval of recommendations of the Screening Committee and concurrence of the Finance Division, sanction orders shall be issued by the programme division in one-lot, by June 25th and grants should be released before 30th June, or within the timeline as prescribed by the Department from time to time.
 7. Total annual grant shall be released in two equal half yearly instalments within the specified time limit (July and December). Second instalment shall be released after receipt of report of the PMU/other agencies entrusted with that task by 31st December, or within the timeline as prescribed by the Department from time to time.
 8. Recurring Grant-in-aid shall also be given to the Implementing Agencies, which have been recommended by the Screening Committee, along-with the non-recurring GIA from the date of recommendation of the proposal by the screening committee.

ONGOING/ RENEWAL PROPOSALS

The applications for release of grant-in aid for ongoing projects shall be submitted by the NGOs online on the e-Anudaan portal of this Ministry (<http://www.grants-msje.gov.in/>) in the prescribed proforma along with relevant documents, utilisation certificate of expenditure previous FY, by **31st May**, or within the timeline as prescribed by the Department from time to time. The organisation will give justification for continuation of on-going projects after assessing the impact with supporting data. Following documents will need to be submitted:

- (i) Utilization Certificate of the grant last released, in the format prescribed under GFR-19A. Audited accounts for the previous year indicating the expenditure incurred on each sanctioned item vis-a-vis the grant sanctioned;
- (ii) Budget Estimates for the financial year for which the grant-in-aid is required; and
- (iii) Annual Report giving Performance, with statistical data, of the projects during the previous year.
- (iv) Any application submitted offline without following the aforesaid procedure, will not be entertained or considered by the Ministry of Social Justice and Empowerment. No correspondence in this regard would be entertained
- (v) Online portal 'e-Anudaan' shall allow updating of information on all the given performance criteria at regular intervals. In addition to this, Implementing Agencies shall have closed circuit cameras from where live feed may be made available on the website of the organisations.
- (vi) All the organisations shall be encouraged to use the EAT module of the PFMS
- (vii) Total annual grant shall be released in two equal instalments, before July and December each year.
- (viii) Second instalment shall be released only after inspection report of State Government/Regional Resource Training Centre or Inspection report of the officers of Central Ministry/PMU/ Third party etc.
- (x) The implementing Agency shall, before it receives assistance from Ministry of Social Justice & Empowerment, execute a bond in the prescribed proforma. The transfer of funds would be done only after acceptance of the Bond by the competent authority in the Ministry. However, in respect of on-going projects, the application for release of funds should accompany with the bond executed on the above lines.

(xi) **Change of Location of the Projects:** Change of location of the projects shall be made by this Department or by the State Government/ UT Administration under intimation to this Ministry. State Governments/ District Administrations shall have powers to re-allocate the location of the project within the District or in the State, in view of requirement of the project in a specific Location/District.

X. CONDITIONS FOR ASSISTANCE

(i) The Grantee organization / institution / establishment shall be open to inspection by an officer of the Central Government and the State Government or any agency / persons authorized by them including third party inspections.

(ii) If an organization has already received or is expected to receive a grant from some other Government sources for the purpose for which the application is being made under this Scheme; assessment for central grant will normally be made after taking into account grant from such other sources.

(iii) The Grantee organization shall maintain separate accounts of the Grants received under the Scheme. They shall always be open to check by an officer deputed by the Government of India/ state Government. This shall be open to a system of internal audit or concurrent audit. They shall also be open to test check by the Comptroller and Auditor General of India.

(iv) The Grantee organization shall maintain a record of all assets acquired wholly or substantially out of Government grant in the Stock Register and present these to the Auditor when required to do so. In this regard the provisions of the General Financial Rules, 2017 (Govt. of India) would be applicable.

(v) Organisation shall have its own website with full details of the project(s) being run by it including the details of beneficiaries of the project under the scheme, as far as possible.

XI. REGISTRATION, MANAGEMENT AND MONITORING OF PROJECTS, FOR WHICH GRANT IN AID IS SOUGHT UNDER THIS SCHEME

(i) **Registration** of the projects– All institutions, whether run by a Government/ Non-Governmental / Voluntary/ Private Organization or Society/ Trust and providing residential / other facilities to senior citizens for their care and welfare, shall be registered online as a service provider with the designated Registration Authority in the State/ UT in accordance with the provision of the Maintenance and Welfare of Parents and Senior Citizens (MWPSA) Act, 2007, as amended from time to time.

(ii) **If such registered institution fails** to provide the necessary amenities as defined under Section 19 of MWPSA Act, 2007, as amended from time to time, the State Government may after following the due procedure, cancel or withhold the registration of such institutions, as the case may be.

(iii) The Central Government shall prescribe **Minimum Standards** required for the establishment and maintenance of Senior Citizens' Homes under the MWPSA Act, 2007, as amended from time to time.

The following standards shall be followed by the implementing agencies for the projects under the Scheme:-

(a) Nutrition – adequate quantity, good quality, variety in food stuff (as per local conditions) containing an average of 1700 calories and 50 grams protein to be provided to the beneficiaries, everyday.

(b) Medical facilities/ Medicare- The project should have first aid kit (as advised by Doctor), glucometer, BP monitoring machine, weighing machine and medicines, as prescribed by a Doctor. As far as possible, the residence of the Doctor should be near the project.

Regular Health Camps to be organized by implementing agencies in coordination with the District Administration.

(c) Recreation – At each centre the implementing agency must provide Books, 3-4 Magazines, 2-3 newspapers (in regional/ local language), Outings at nearby places (2 in a month)- religious/ cultural, Games like caroms, chess, cards, one cable connection, one computer with internet connection. All projects should have a separate room for reading for the inmates.

(d) Implementing agencies shall ensure that the services of minimum staff as prescribed in the Scheme are available in each project.

(e) Security- necessary security arrangements to be made in the projects by the implementing agencies.

(f) Clothing – Keeping in view local climate, weather conditions and traditional norms all the inmates must be provided with 4 pairs of clothing in a year.

(g) Rooms – Properly ventilated rooms with sufficient space between the beds of the beneficiaries for their easy movement. Provision for storage of the belongings of the beneficiaries should be available in the homes. Floors should be anti-slippery.

(h) Bathrooms and toilets –Each project should have separate toilets for females and males. There should be at least one toilet with western style fixed / removable commodes. Each Home should have ramp facilities and railings for easy access to the inmates at bathrooms and toilets, wherever required. Bathrooms and toilets must have anti-slippery tiles and railings for hand support.

(i) Hygiene and Sanitation- All the rooms, veranda/ courtyard and kitchen must be cleaned at least 2 times a day. Bathrooms and toilets must be cleaned at least 3 times a day.

(j) Miscellaneous payments include payments for electricity, water, internet, stationery, postage, maintenance of furniture, generator/ inverter, cost of fuel for cooking, replacement of bed sheets.

(k) **Non-Recurring grants** shall be admissible after every five years to the Implementing Agencies, subject to the condition that IAS make a request for the same, for following items:-

S. No.	Type of Project	Item Admissible
1.	Senior Citizens Homes	Furniture, Chairs, Beds and mattresses (along with bed sheets and pillows), Almirahs for belongings of beneficiaries, utensils, gas stove, fan, desert cooler, water purifier, grinder/ juicer, Hot case/ microwave oven, water tank, electric motor & pump, washing machine, television, computer, refrigerator, inverter, water cooler, geyser, CCTV cameras & website of the organisation and other items as required.
2.	Respite Care Homes/ Continuous Care Homes/ Home for Senior Citizens with Dementia/ Alzheimer's Patients	Furniture, Chairs, Beds and mattresses (alongwith bed sheets and pillows), Almirahs for belongings of beneficiaries, utensils, gas stove, fan, desert cooler, water purifier, grinder/ juicer, Hot case/ microwave oven, water tank, electric motor & pump, washing machine, television, computer, refrigerator, inverter, water cooler, geyser, CCTV cameras & website of the organisation and other items as required.
3.	Regional Resource and Training Centres	Chairs, Tables, Bookrack, Almirah, Computer table, Computer, Printer, Amplifier, Mike, LCD Projector, Screen, Digital Camera, Lab/ Demonstration room with necessary equipment, Photocopier, Library with reference books, Training Halls, furniture, CCTV cameras & website of the organisation.

(iv) Senior Citizen Homes shall be rated by an appropriate authority as defined in MWPS Act, 2007 (as amended from time to time).

(v) **Monitoring and Inspection of projects:** Ministry from time to time may issue guidelines regarding the nature, type and periodicity of the Inspection through District/State authorities/ RRTCs /PMU also.

XII. ADDITIONAL TERMS AND CONDITIONS IN RESPECT OF NONGOVERNMENTAL ORGANIZATIONS

1. It shall be the duty of the head of the Organization to carry out any instructions, which may be issued in this regard by the Central Government or the State Government as the case may be.
2. The grantee institution will maintain separate accounts in respect of the grant obtained from the Ministry.

XIII. TERMINATION OF GRANTS:

(a) If the Ministry is not satisfied with the progress of the Project or it finds that these rules/ guidelines are being seriously violated by the implementing agencies, it reserves the right to terminate the grant-in-aid and recover the amount of grant-in aid already sanctioned with penal interest, after issuing a show cause notice.

(b) Similarly, proposals found with the deficient documents and organisations fails in uploading the requisite documents within the specified time limit, such proposals may be rejected on this ground. However, proposals recommended by the State Governments shall not be rejected on flimsy grounds.

XIV. GUIDELINES TO MAINTAIN RRTCs:

1. Grant-in-aid shall be released to the RRTCs, **in one go**, on the basis of annual inspection carried out by the officers of the Central Ministry/ Officers of the NISD and also on the basis of the performance of the RRTCs for the previous year as reported by NISD.
2. Department of Social Justice and Empowerment shall issue an authorization letter to all RRTCs in each financial year to carry out inspection/monitoring visits of the grantee NGOs under their jurisdiction. All grantee NGOs shall also be informed to extend required cooperation to the RRTCs.
3. The Department shall also issue letters to all Principal Secretaries/ Secretaries of the concerned Departments in the State Governments dealing with the matters relating to senior Citizens regarding the role, mandate & potential involvement of the RRTCs.
4. Organise Annual review/ consultative meet of all grantee NGOs, state social welfare depts. & RRTCs region wise and Quarterly review meetings shall be organised by the NISD for review and consultation.
5. NISD shall seek information from the RRTCs for framing Annual Training Action Plan and may include new themes of training in accordance with NAPSrC, focusing wider geographical and stakeholders' coverage including the component of re-training & skill up-gradation of senior citizens with focus on training of family members/ other caregivers & geriatric care assistants etc.
6. NISD shall report the performance of the RRTCs in completion of assigned tasks/programmes to this Department on half yearly basis in September and March every year.

APPENDIX-I

1. Maintenance of Senior Citizens' Homes including those under Sansad Adarsh Gram Yojana (SAGY) (for 25 senior citizens)

(Amt. in Rs.)

S. No.	ITEMS		Cost Norms (Annual)
I.	Recurring Expenditure (a to e):-	* X Category	2210375
		* Y Category	2174375
		* Z Category	2150375
(a)	Staff Honorarium (total of (i) to (vi) below		768000
	(i) Superintendent (full time)		150000
	(ii) Social Worker/ Counsellor (Part time)		96000
	(iii) Yoga Therapist (part time)		60,000
	(iv) Nurse (part time)		78000
	(v) Cook (full time) **		96000
	(vi) Multi Tasking Staff (MTS) (3) Full Time **		288000
(b)	Building Rent (or Maintenance @ 10% of rent in case of owned building)	* X Category	240000
		* Y Category	204000
		* Z Category	180000
(c)	Health Care (total of (i) to (iv) below)		1082375
	(i) Food		684375
	(ii) Doctor (part time)		198000
	(iii) Medicare		1,00,000
	(iv) Clothing/ Oil, Soap etc.		100000
(d)	Recreation		60000
(e)	Miscellaneous & unforeseen		60000
II.	Non-Recurring Items including the cost of CCTV camera and website developing charges		300000 #
Total (I + II)		* X Category	2510375
		* Y Category	2474375
		* Z Category	2450375

* X, Y, and Z are the three categories of cities classified for the purpose of drawing House rent allowance in Central Government.

Note: (i) In case of demise of any inmate, funeral expenses @ Rs. 10,000/- per person or the actual expenses incurred, whichever is less, shall be reimbursed to the organization.

(ii) So far as possible the beneficiaries should be enrolled with Aayushman Bharat Health Scheme

APPENDIX-II

2. Maintenance of Senior Citizens' Homes for 50 beneficiaries and Homes for 50 elderly Women including those under Sansad Adarsh Gram Yojana (SAGY) (for 50 senior citizens)

(Amt. in Rs.)

S. No.	ITEMS		Cost Norms (Annual)
I.	Recurring Expenditure (a to e):-	* X Category	3724750
		* Y Category	3670750
		* Z Category	3634750
(a)	Staff Honorarium (total of (i) to (vi) below		960000
	(i) Superintendent (full time)		150000
	(ii) Social Worker/ Counsellor (Part time)		96000
	(iii) Yoga Therapist (part time)		60000
	(iv) Nurse (part time)		78000
	(v) Cook (full time) (2) **		192000
	(vi) Multi Tasking Staff (MTS) (4) Full Time **		384000
(b)	Building Rent (or Maintenance @ 10% of rent in case of owned building)	* X Category	360000
		* Y Category	306000
		* Z Category	270000
(c)	Health Care (total of (i) to (iv) below)		2164750
	(i) Food		1368750
	(ii) Doctor (part time)		396000
	(iii) Medicare		200000
	(iv) Clothing/ Oil, Soap etc.		200000
(d)	Recreation		1,20,000
(e)	Miscellaneous & unforeseen		1,20,000
II.	Non-Recurring Items including the cost of CCTV camera and website developing charges		400000 #
Total (I + II)		* X Category	4124750
		* Y Category	4070750
		* Z Category	4034750

* X, Y, and Z are the three categories of cities classified for the purpose of drawing House rent allowance in Central Government.

Note: (i) In case of demise of any inmate, funeral expenses @ Rs. 10,000/- per person or the actual expenses incurred, whichever is less, shall be reimbursed to the organization.

(ii) So far as possible the beneficiaries should be enrolled with the Ayushman Bharat Health Scheme or any other health scheme being implemented in the concerned State,

APPENDIX - III

3. Maintenance of Continuous Care Homes and Homes for senior citizens afflicted with Alzheimer's disease/ Dementia

(Amt. in Rs.)

S. No.	ITEMS		Cost Norms (Annual)
I.	Recurring Expenditure (a to e):-	* X Category	2585500
		* Y Category	2549500
		* Z Category	2525500
(a)	Staff Honorarium (total of (i) to (vi) below)		1398000
	(i) Doctor (full time)		396000
	(ii) Superintendent (full time)		150000
	(iii) Yoga Therapist (part time)		60000
	(iii) Social Worker (Part time)		96000
	(iv) Nurse (2) (full time)		312000
	(v) Cook (Full time)		96000
	(vi) Multi Tasking Staff (MTS) (3) (Full time)		288000
(b)	Building Rent (or Maintenance @ 10% of rent in case of owned building)	* X Category	240000
		* Y Category	204000
		* Z Category	180000
(c)	Health Care (Medicine, Nutrition and Hygiene)(total of (i) to (iii) below)		847500
	(i) Nutrition		547500
	(ii) Medicine/ tests		2,00,000
	(iii) Clothing, Special soap, diapers, disposables etc		100000
(d)	Pathological Test Material		40000
(e)	Miscellaneous and unforeseen		60000
II.	Non-Recurring Items including the cost of CCTV camera and website developing charges		300000
Total (I + II)		* X Category	2885500
		* Y Category	2849500
		* Z Category	2825500

*X, Y, and Z are the three categories of cities classified for the purpose of drawing House rent allowance in Central Government.

Note: (i) In case of demise of any inmate, funeral expenses @ Rs. 10,000/- per person or the actual expenses incurred, whichever is less, shall be reimbursed to the organization.
(ii) All beneficiaries are required to be enrolled with the Ayushman Bharat Health Scheme or any other health scheme being implemented in the concerned State.

APPENDIX-IV**4.Regional Resource and Training Centres (RRTC)**

(Amt. in Rs)

S. No.	ITEMS		Cost Norms (Annual)
I.	Recurring Expenditure (1 to 7):-	* X Category	1464800
		* Y Category	1428800
		* Z Category	1398800
1	Human Resources (total of (a) to (d) below		840000
a	Project Director		3,00,000
b	Project Coordinator (Research and Advocacy)		240000
c	Programme Officer cum Accountant (For inspection/monitoring purpose)		180000
d	Support Staff cum Data Entry Operator		120000
2	(a) Binding, Printing, Stationery and Postage (reader friendly material, course material, advocacy material)		75000
	(b) Telephone/ Internet Charges @ 1500 per month		18000
3	Building Rent (or Maintenance @ 10% of rent in case of owned building)	* X Category	228000
		* Y Category	192000
		* Z Category	162000
4	Cost towards inspections and monitoring		144000
5	Annual Regional Level Workshops		46000
6	Contingencies		88800
7	Library		25000
II.	Non-Recurring including the cost of CCTV camera and website developing charges		325000
Total (I + II)		* X Category	1789800
		* Y Category	1753800
		* Z Category	1723800

* X, Y, and Z are the three categories of cities classified for the purpose of drawing House Rent Allowance in Central Government.

Grant In Aid To Voluntary Organizations Working In The Field Of Integrated Programme For Senior Citizens

PROFORMA FOR APPLICATION OF VOLUNTARY ORGANISATIONS FOR NEW PROJECT PROPOSALS FOR RECEIVING GRANT-IN-AID FROM THE MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT UNDER THE SCHEME OF INTEGRATED PROGRAMME FOR SENIOR CITIZENS (IPSRC).

All fields marked with a red asterisk (*) are mandatory for Save as Final

- Name of the Scheme: **Integrated Programme for senior citizens (IPSrC)***
- Nature of the Project applied for (Option to be provided to select the project):
 1. Maintenance of Senior citizens Home for 25 beneficiaries
 2. Maintenance of Senior citizens Home for 50 elderly Women/ 50 beneficiaries
 3. Continuous Care Home and Home for Sr. Citizens afflicted with Alzheimer’s disease/ dementia patients
 4. Maintenance of Mobile Medicare unit for senior citizens
 5. Physiotherapy clinic for senior citizens, and
 6. Regional Resource Training Centre
- **Acknowledgement number: (Auto generated): State/District/App. No/FY**
- Name of the State where Project is proposed: *
- Name of the District where Project is proposed:*
- Application submitted on – Auto Generated
- Applying for Financial Year- Auto Generated

1. Organization Details*

(A) If organization is a Non Governmental Organization (NGO), kindly give following details:

1. NGO Name (MoSJE Portal): *
2. NGO Name (NITI Aayog Portal):
3. NGO Unique Id (NITI Aayog Portal DARPAN): *
4. Complete Address of the Organization (Registered Office):*
5. Phone No. (with STD Code):*
6. Email Address:*
7. Name, Educational Qualification, address and contact details of two Key functionaries of the organisation* (such as: Secretary, President, Chairman etc.)

S.No.	Name	Educational Qualification	Address	Contact Details	Designation	Outstanding Achievements of the functionaries
1.						
2.						

8. Name of the Act under which organisation is registered, wherever required:

1. Registration Number:

2. Date of registration of the organization/society :
3. Registration valid up to:
9. Whether activities relating to Senior Citizens included in the MOA of the organization:-
Yes/ No

(B) If Organization is a State / UT Governments' Registered Society/Local Body/PRI/Government Hospital/ Government Medical Institute/ etc., Please give following details:

1. Organization Name (MoSJE Portal): *
2. Complete Address of the Organization (Registered Office):*
3. Phone No. (with STD Code):*
4. Email Address:*
5. Name, Educational Qualification, address and contact details of two Key functionaries of the organisation* (such as: Secretary, President, Chairman etc.)

S.No.	Name	Educational Qualification	Address	Contact Details	Designation	Outstanding Achievements of the functionaries
1.						
2.						

2. Details of the ongoing projects being run by the organization/society and their outcome/ achievement, if any:

(A) Projects not related to Senior Citizens:*

S.No.	Nature of work done	Period	Coverage of Beneficiaries	Outcome/Outstanding Achievements and Awards, if any	Source of funding
1.					
2.					

(B) Projects related to Senior Citizens:*

S.No.	Nature of work done	Period	Coverage of Beneficiaries	Outcome/Outstanding Achievements and Awards, if any	Source of funding
1.					
2.					

3. Justification for setting up of the project in the District (Max. 200 words) :

(A) Availability of Services:*

1. Name and address of available services in the district (such as existing SrCH/MMU/ CCH/ PHY/RRTC etc.):
2. Approximate distance of the proposed project from the available services (In Kms) :
3. If service already available in the district , provide justification for setting up of the new project:
4. If similar service is not available in the district, then provide:

- a. Distance from the nearest organization/institution running/operating similar program/scheme/project (in kms):*
- b. Name and Location address of such nearest organization/institution*

B. Any other justification: (Give a write up in not more than 200 words)

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4. Preparedness of the organization to implement the project:

(A) Project location: Complete Address of the location where project is proposed:*

- 1. Name of the project:
- 2. Address : *
- 3. Landmark : *
- 4. District :*
- 5. State: *
- 6. Pin code: *
- 7. Location Type* (Rural/ Urban)
- 8. Phone number : * (e.g. 0296512345678)
- 9. Organization Email-id : *
- 10. Name of project in-charge :*
- 11. Contact details of project in-charge :*
- 12. E-mail id of project in-charge :*
- 13. Is the project already functional :*
Yes/No
- 14. If Yes, date of commencement of the Project:
DD/MM/YYYY

(B) Infrastructure Details:

- i Building where project is proposed : * Own/Rented/On Lease/Donated
- ii If on rent ,indicate the Name and full particulars of owner including Rent paid per month:

Name of Owner	Address of Owner	Contact Details of owner (Phone/mobile No.)	Rent paid, per month

- iii. Whether adequate space and required facilities such as toilets/bathrooms/ water supply/electricity connection etc., are available in the Building to run the project, as per the scheme guidelines:
Yes/ No

- iv. Specify the accommodation and facilities available for the project:

Total Covered Area	No. Of Rooms	No. of Veranda	No. of Toilets/Bathrooms	Kitchen facilities exists	Whether open area available	Whether recreational facilities available
				Yes/No	Yes/No	Yes/No

(C) Details of two key staffs that will be or likely to be associated with the project:*

S.No	Name	Designation	Educational qualification	Experience		Outstanding achievements
				No. of years	Areas of Experience	

(D) Whether beneficiaries identified so far:

(Yes/No)*

5. Bank Details of the Organization: *

Name of NGO	Name of Bank	Bank Branch Address	Bank Account No.	IFSC Code

6. The amount of support sought from the Ministry for grant-in-aid:*

- i Non-recurring: Rs.
- ii Recurring: Rs.
- iii Total: Rs.

7. Documents to be uploaded:*

S.No.	DOCUMENTS	UPLOAD
1.	Certified copy of the Registration Certificate under Societies Registration Act,1860 or Charitable Trust Act etc	
2.	Memorandum of Association and copies of rules, aims and objectives of the organization and List of Management/Managing Committee Members	
3.	Annual Report for last two years	
4.	Audited Accounts comprising Balance Sheet, Income & Expenditure Statement and Receipt & Payment account for last two years	
5.	List of staff in prescribed format	
6.	List of beneficiaries	
7.	Rent agreement in respect of project, (if any) with address and signature of witness and attested by notary(In case of centre located in rural area, The rural area certificate from competent Authority may also be uploaded)	
8.	Bank Authorisation letter	
9.	Copy of PAN card of the organisation	
10.	Budget Estimate details (item wise recurring & non-recurring Expenditure) as per Point No 6 above	

VERIFICATION

1. Certified that above information is in accordance with the records and accounts audited/ to be audited and is correct to the best of knowledge and belief of the office-bearers of the organization, and after its perusal and satisfaction, they have

authorized the undersigned by a resolution datedto verify and submit the statement of information for purposes of monitoring the scheme for which grants-in-aid was received from the Ministry of Social Justice & empowerment, Govt. of India.

- a. I also hereby certify that I have read the rules and regulations of the scheme and I undertake to abide by them. On behalf of the Management, I further agree to the following conditions:-

That all moneys given as Grant in Aid and all assets acquired wholly or substantially out of the central grant shall not be encumbered or disposed of or utilised for purposes other than those for which the grant is given. Should the organisation cease to exist or violate the above condition at any time, such properties shall revert to the Government of India.

2. The accounts of the project shall be properly and separately maintained. They shall always be open to check by an officer deputed by the Government of India or the State Government. They shall also be open to a test check by the Comptroller and Auditor General of India at his discretion
3. If the State or the Central Government have reasons to believe that the grant is not being utilised for approved purposes; the Government of India may stop payment of further instalments and recover earlier grant in such manner as they may decide.
4. The institution shall exercise reasonable economy in its working and particularly in respect of expenditure on building.
5. The organisation will bear 0-25% of the estimated expenditure, as the case may be or the balance of the estimated expenditure on the project as per the scheme guidelines
6. It is hereby certified that no grant is being received for the same project from any other (Government or foreign) source.
7. The organization agrees to open separate Current bank Account for the project for receiving grant from the Ministry.
8. The organisation agrees to comply with the guidelines issued by the Finance Ministry from time to time. (Such as Implementation of EAT module of PFMS etc).

Yours faithfully

Signature of the Authorised Signatory

Name & Designation:

Address:

Office Stamp:

APPENDIX - 2

State Action Plan for Senior Citizens (SAPSrC):

I. OBJECTIVE: The main objective of the programmes is to provide recognition and opportunity to senior citizens to contribute and thereby feel useful to the society, to improve the quality of life of the Senior Citizens, by encouraging productive and active ageing through the Institutions of the State/ UT Governments/Non-Governmental Organizations (NGOs)/Panchayati Raj Institutions (PRIs) / local bodies and the community at large.

II. Target Group: All Senior Citizens.

III. PROGRAMMES ADMISSIBLE FOR ASSISTANCE:

(a) Organising Elders into Action Groups aimed at Social Reconstruction (AGRASR Groups) or Elder Self Help Groups: Total 15000 Self Help Groups (SHGs) of Senior Citizens shall be assisted across the country for undertaking various activities as indicated in the **Model-I**. Number of SHGs to be supported, State-wise, shall be finalised by the Ministry each year based on the population of Senior Citizens in the State/UT and also based on the poverty data etc.

(b) Maintenance of Mobile Medicare Units (MMU) for Senior Citizens: To provide medical care to the Senior Citizens living in rural, isolated and backward areas. Grant-in-aid to be given for a project of Mobile Medicare Unit for Senior Citizens living in slums, rural and inaccessible areas where proper health care facilities are not available. The project aims to enable Senior Citizens to assume an active role in maintaining and improving their own health and in encouraging others to do the same.

Each Medicare Unit should cover minimum 400 Senior Citizens per month. Each MMU should make at least 10 trips per month to such areas. Grant-in-aid to organisations/NGOs/VOs for the programme of Mobile Medicare Units for senior citizens shall henceforth be given by the State Government, which will be 90% of the project cost as mentioned in **Model-II** for the new project proposals.

(c) Physiotherapy Clinics for Senior Citizens: Grant-in-aid under this project to be given to agencies that have shown a credible track record in running projects for the welfare of the Senior Citizens for running of physiotherapy clinic for a **minimum of 50 Senior Citizens per month**. Recognized Charitable Hospitals/Nursing Homes/Medical Institutions/Colleges are also eligible. Grant-in-aid to organisations/NGOs/VOs for the programme of Physiotherapy Clinics for Senior Citizens, which will be 90% of the project cost as mentioned in **Model-III**, shall henceforth be given by the State Governments for the new project proposals.

(d) Maintenance of Multi Service Centre/Day Care Centre for Senior Citizens: Grant-in-aid is given to agencies for running a centre for **50 Senior Citizens** to provide facilities for day care, healthcare, recreation, peer interaction, entertainment, and companionship,

spiritual and religious programmes. The organization shall be allowed to incur the expenditure under the heads as mentioned in **Model-IV**.

(e) Creation of a pool of trained Geriatric Caregivers for senior citizens: Grant-in-aid is to be given to the agencies, which have shown good track records in health care especially in Geriatric care, for providing training for creation of pool of trained Geriatric Caregivers or to provide bedside assistance to needy elderly. The organization shall be allowed to incur the expenditure under the heads as mentioned in **Model-V**.

(f) State Specific Activities for the welfare of senior citizens, especially who are indigent. States/UTs: 20% of the funds allocated to the State, may be utilised by the State Governments for innovative programmes or for the State Specific programmes, as per requirement, for the welfare of the elderly.

IV. IMPLEMENTING AGENCIES

Under the Scheme, assistance will be sanctioned to the State Governments / UT Administrations who will implement their models under SAPSrC through Registered Societies/ Panchayati Raj Institutions (PRIs) / Local bodies /Non-Governmental/Voluntary Organizations/ Institutions or Organizations set up by Government as autonomous/ subordinate bodies/ Government Recognized Educational Institutions, Medical Colleges, Charitable Hospitals/ Nursing Homes, and recognized youth organizations such as Nehru Yuva Kendra Sangathan (NYKS)/NSS etc.

V. Extent of Support under the Scheme: 100% of the project cost for the programmes proposed under SAPSrC as per the models specified in the sub scheme through one instalment only each year.

VI. Guidelines for funding to State /UTs: States/UT shall submit their Annual Action Plan for the programmes/models specified in the SAPSrC along-with the State Specific Action Plans, if any, to this Ministry for allocation of funds, on or before 15th May every year. State Action Plans of the States/UTs shall be considered by the Screening Committee in the Department on or before 15th June every year and funds shall be released to the States/UTs on or before 30th June, every year based on the recommendations of the Committee and availability of funds. Funding for the next year will be considered on the basis of the utilisation certificate of the previous year and new Annual Action Plan which may be submitted by 15th May each year.

VII. Instructions for State Government for implementing models under SAPSrC

- **ELIGIBILITY CRITERIA FOR THE NON-GOVERNMENTAL VOLUNTARY ORGANISATIONS:** State Government shall device eligibility criteria for the Implementing Agencies for seeking assistance for the above-referred models. However, as far as possible, organisations working in the field of old age care shall be involved for the activities/ programmes to be carried out under the SAPSrC.
- **Funding and support Mechanism:** State Government/UT shall devise appropriate mechanism for funding of the Programmes as per their convenience in accordance with the GFR provisions.
- **Operational Guidelines and Monitoring of the programmes:** State Governments/ UTs shall prescribe operational guidelines including eligibility criteria for the Implementing Agencies and ensure processes for monitoring of the project being supported under the SAPSrC/NAPSrC. Suitable monitoring mechanism for this

purpose may be devised. State Governments may also utilise the Regional Resource and Training Centres of this Ministry for monitoring and guidance purpose. Programmes under the SAPSrC shall be open for inspection by the officers of this Ministry/ Project Monitoring Unit or by Third party as authorised by the Ministry.

MODEL-I

Organising elders into Action groups aimed at Social Reconstruction (AGRASR groups) or Elder SHGs

Total number that would be assisted	15,000 groups
State-wise break-up	To be provided separately
Eligibility for the groups :	<ol style="list-style-type: none"> 1. Elders above 60 yrs 2. From deprived households as per SECC 2011 preferred 3. Physically and mentally able to participate 4. Units to be homogenous and preferably from the same locality
Implementing Agency (IA): Eligibility IA should enter into a MoU with the State Govt.	<ol style="list-style-type: none"> 1. District unit of National Rural Livelihood Mission (NRLM) in Rural areas 2. National Urban Livelihood Mission (NULM) in urban areas 3. NGOs who are working in the field of self help groups since at least 2017-18 and have a performance statement endorsed by the State Govt 4. Any agency identified by the State Govt.
Modalities	<ol style="list-style-type: none"> 1. Explanation of the purpose to the elders by the Organising Agency (by IA) 2. Formation of the groups (by IA) 3. Selection of the activity by the AGRASR groups (by groups) 4. Authentication of the activity in consultation with the institution (by IA) 5. Data entry on the system about the group and the chosen activity (by IA) along with the group bank account details. The grant-in-aid assistance to the group will be through a DBT system.

Type of Activities by AGRASR groups	<ol style="list-style-type: none"> 1. Helping the academically backward children in government schools by tutoring them after school hours 2. Running crèches or day care centres for children 3. Helping the patients or their dependents in the nearby government hospitals 4. Adopting any social asset for upkeep and maintenance with the approval of the local body 5. Other activities found suitable for Sr. Citizens by the State Govt.
Functioning system	<ol style="list-style-type: none"> 1. AGRASR groups will work on their project for at least 4 days a week 2. The IA will facilitate their functioning
Financial Assistance	<ol style="list-style-type: none"> 1. Each AGRASR group will receive <u>honorarium of Rs. 50,000 in two instalments every year</u>. Apart from this, the institution where they are working can also give them honorarium based on their ability. 2. For each IA, there would be an annual <u>grant-in-aid of Rs. 5,000 per AGRASR group</u> which is functioning well. This amount is meant for capacity building and handholding of the groups. 3. All grant-in-aid assistance to the groups and the IA would be released through the DBT system.
Monitoring	<ol style="list-style-type: none"> 1. There will be an online portal for uploading the performance of the AGRASR groups. 2. The renewal of the groups and the grant-in-aid to IAs would depend on the performance as reflected in the portal.

MODEL-II**2. Mobile Medicare Unit for Senior Citizens**

S. No.	Items	Cost Norms (Annual)
1	Staff Honorarium (a) to (e)	750000
(a)	Honorarium to Doctor	318000
(b)	Nurse	120000
(c)	Driver	108000
(d)	Organizer	108000
(e)	Multi Tasking Staff	96000
II.	Medicines and pathological Tests	288000
III.	Fuel and Maintenance of Van	52800
IV.	Contingency Charges	30000
	Total	1120800

MODEL - III**3. Physiotherapy Clinics for Senior Citizens**

S. No.	ITEMS		Cost Norms (Annual)
I.	Recurring Expenditure (a to f):-	* X Category	648000
		* Y Category	636000
		* Z Category	618000
(a)	Honorarium to Physiotherapist (Full time)		168000
(b)	Honorarium to Physiotherapy Technician (full time)		120000
(c)	Honorarium to Multi Tasking Staff (full time)		96000
(d)	Maintenance of Equipments		48000
(e)	Incidental expenses (medicines, electricity, water, etc.)		132000
(f)	Buidling Rent (or Maintenance @ 10% of rent in case of owned building)	* X Category	84000
		* Y Category	72000
		* Z Category	54000
II.	Non-Recurring Items including the cost of CCTV camera and website designing charges		1130000
	Total (I + II)	* X Category	1778000

	* Y Category	1766000
	* Z Category	1748000

In the staff pattern, one Male and one Female shall be preferred for the posts of Physiotherapist and Physiotherapy Technician. X, Y, and Z are the three categories of cities classified for the purpose of drawing House Rent Allowance in Central Government.

MODEL-IV

4. Multi Service Centres (Day Care Centres) for Senior Citizens

(Amt. in Rs.)

S. No.	ITEMS	Proposed Rates
I.	Recurring Expenditure: (a to e)	*X Category- 10,73,000/- p.a. *Y Category- 10,61,000/- p.a. *Z Category- 10,49,000/- p.a.
(a)	Staff Honorarium	
	Superintendent(1)	1,20,000/- p.a.@ Rs. 10000 per month
	Social Worker/ Nurse (1) (part time)	60,000/- p.a.
	Care Taker (1)	Role merged with MTS
	Cook(1)	60,000/- p.a.
	Multi Tasking Staff (1) (earlier Sweeper)	96,000/- p.a.
	Total of (i) to (v)	3,36,000/- p.a.
(b)	Building Rent (Or Maintenance @ 10% of rent in case of owned building).	*X-84,000/- p.a *Y-72,000/- p.a *Z-60,000/- p.a
(c)	Health Care (Doctor, Medicines & Nutritional Supplement)	5,75,000/- p.a.
(d)	Recreation (Books, Magazines, Newspapers, Outings, religious and cultural programmes, Games like carom, chess, cards etc.	42,000/- p.a.
(e)	Miscellaneous and unforeseen (electricity, water, telephone, stationery etc.)	36,000/- p.a.
II.	Non-Recurring Items and the cost of CCTV camera and website developing charges	175,000/- p.a.
	Total (I+II)	*X Category- 12,48,000/- p.a. *Y Category- 12,36,000/- p.a. *Z Category-12,24,000/- p.a.

*X, Y and Z are the three categories of cities classified for the purpose of drawing House rent allowance in Central Government.

MODEL-V

Training to Geriatric Caregivers& Health Care and Capacity Building Programmes (at least 50 participants, 24 programmes per year) by Implementing agencies working in the field of old age care as per details given below:-

Programmes:

- (i) Creation of a pool of trained personnel who can run the senior citizen homes as per minimum standards and training to the Staff of the project of Senior Citizens Homes
- (ii) Training and capacity building and creation of skilled human resource on geriatric care and Bedside assistance.

Cost norms (per organisation):

Item of cost (Rs.)	Annual cost (Rs.)
Honorarium to trainer (2) @ Rs. 1500 per day per Trainer = 3000	3000 x 24 =72,000/-
Refreshment for 60 (50 participants + 10 extra persons) @ Rs @ 120 per person	7200 x24=1,72,800/-
Stationery @ Rs. 15	15x50x24=18,000/-
Venue & AV equipments @ Rs. 3000 per programme per day	3000x24=72,000/-
Admn& other expenses	10000x24=2,40,000/-
Total	5,74,800/-

APPENDIX-3

Convergence with Initiatives of other Ministries/ Departments in Government of India in the field of Senior Citizens welfare.(CWMSrC):

As brought out in the Scope and Coverage of the Scheme (**Annexure II**), there are several strategies which can be implemented only in convergence with other Ministries and Departments of the Government of India. In addition to Advocacy, advisories and conferences/meetings with these ministries/departments, schemes/ programs may have to be devised and implemented for taking these strategies forward. All such convergence activities shall be taken up in this scheme with the approval of the Government on a case to case basis under this sub scheme.

APPENDIX 4

Media, advocacy, capacity building, research and study, pilots and any other project aimed towards the welfare of the senior citizens and falling under the scope and coverage of the NAPSrC through NISD under Programmes for National Institute of Social Defence for Senior Citizens (NISDSrC):

National Institute of Social Defence (NISD), an autonomous body of this Department will be responsible for undertaking the following additional programmes under the National Action Plan for the Welfare of Senior citizens, in addition to its scope of work.

1. Awareness Generation and Sensitisation Programme spread over the country by implementing agencies (Reputed organisations, government or otherwise working in the field of Ageing) as per details given below:-

Programmes:

- (i) Special campaigns to spread awareness on mental health issues
- (ii) Conducting awareness campaigns on all aspects such as provisions of MWPC Act., positive attitude towards the elderly vulnerabilities of senior citizens including awareness on various welfare schemes for senior citizens.

1. Training and capacity building of communities/families on geriatric care
2. IEC material on self care, nutritional needs and information on government schemes etc.
3. Director NISD may prepare an annual calendar for this scheduling of programs as per the approval of their executive council

Cost norms per organisation for at least 50 participants, Minimum 60 programmes per year

Item of cost (Rs.)	Annual cost (Rs.)
Coordinator/Supervisor @ 20000 per month	2,40,000/-
Trainers/Educators (2) @ Rs. 16,000 per month	4,40,000/-
Support staff @ Rs. 12000 per month	1,44,000/-
Venue @ Rs. 24000 per month	2,88,000/-
Av equipment (Non recurring) – one time	40,000/-
Tea/Coffee, Water, snacks, biscuits etc. @ Rs. 50 per Participant	3000 (60x50) x 50=1,50,000/-
Stationery (Small booklet containing schemes/ programme, Nutrition etc. @ Rs. 50 per person	3000x50= 1,50,000/-
Misc & Admn. Charges @ Rs. 25000 per month	3,00,000/-
Total	16,96,000/-

2. Training on Geriatric Care & Health Care and Capacity Building Programmes by Implementing agencies (RRTCs and Reputed organisations working in the field of Ageing) as per details given below:-

Programmes:

- (i) Creating a pool of trained personnel who can run the senior citizen homes as per minimum standards and training to the Staff of the project of Senior Citizens Homes
- (ii) Training and capacity building and creation of skilled human resource on geriatric care.
- (iii) Director NISD may prepare an annual calendar for this scheduling of programs
Director NISD may prepare an annual calendar for this scheduling of programs

Cost norms per organisation for at least 50 participants, 24 programmes per year:

Item of cost (Rs.)	Annual cost (Rs.)
Honorarium to trainer (2) @ Rs. 1500 per day per Trainer = 3000	3000 x 24 =72,000/-
Refreshment for 60 (50 participants + 10 extra persons) @ Rs @ 120 per person	7200x24=1,72,800/-
Stationery @ Rs. 15	15x50x24=18,000/-
Venue & AV equipments @ Rs. 3000 per programme per day	3000x24=72,000/-
Admn& other expenses	10000x24=2,40,000/-
Total	5,74,800/-

3.Organising Seminars/Workshops/Conferences (Regional Level) on the issues relating to senior citizens through reputed organisations. Eligible agencies/institutions/organizations will be granted financial assistance under this programme, as per the eligibility and quantum of assistance being determined by DoSJE/ NISD on each occasion on a case to case basis.

4.Pilots projects on any area aimed towards the welfare of the senior citizens and falling under the scope and coverage of the NAPSRc. Funding to be decided on a case to case basis subject to the recommendation of the Screening Committee.

5. Setting up of a National level Helpline for Senior Citizens

6. Study/Research/innovative proposals on the issues relating to Senior Citizens by Reputed Institutions/Organisations/ RRTCs/ individuals etc. Eligible agencies/institutions/organizations/individuals will be granted financial assistance under this programme, as per the eligibility and quantum of assistance being determined by NISD/Program Management Committee on each occasion on a case to case basis.

7. **Other activities considered suitable to meet the objectives of the scheme, including implementation of the provisions of National Policy for Senior Citizens (NPSrC)/ Provisions of MWPS Act/Organising of International Day for Older Persons etc.** Eligible agencies/institutions/organizations will be granted financial assistance under this programme, as per the eligibility and quantum of assistance being determined by the Ministry on each occasion on a case to case basis.

National Overview:

ANNEXURE I

- The well-being of senior citizens is mandated in the **Constitution of India under Article 41**. “The state shall, within the limits of its economic capacity and development, make effective provision for securing the right to public assistance in cases of old age”. The Right to Equality is guaranteed by the Constitution as a fundamental right. Social security is the concurrent responsibility of the Central and State Governments.
- The Government of India is a signatory to several International conventions demonstrating its commitment to address the concerns of the Senior citizens, namely the Madrid Plan of Action and the United Nations Principles for Senior Citizens adopted by the UN General Assembly in 2002, the Proclamation on Ageing and the global targets on ageing for the Year 2001 adopted by the General Assembly in 1992, the Shanghai Plan of Action 2002 and the Macau Outcome document 2007 adopted by UNESCAP.
- **National policy on Senior Citizens, 1999** reaffirms the commitment to ensure the wellbeing of the Senior Citizens. The Policy envisaged State support to ensure financial and food security, health care, shelter and other needs of Senior Citizens, equitable share in development, protection against abuse and exploitation, and availability of services to improve the quality of their lives.

In pursuance of the National Policy for Senior Citizens (NPOP), a **National Council for Senior Citizens (NCOP)** was constituted in 1999 under the Chairpersonship of the Minister for Social Justice and Empowerment to oversee implementation of the Policy. The NCOP is the highest body to advise the Government in the formulation and implementation of policy and programmes for the aged. In order to have a definite structure as well as regional representation, the National Council for Senior Citizens (NCOP) has been reconstituted and **renamed as National Council of Senior Citizens (NCSrC)** vide a resolution dated 17-02-2012 which was published in the Gazette of India on 22.02.2012.

- **The Maintenance and Welfare of Parents and Senior Citizens Act (MWPSA), 2007** was enacted in December 2007, to ensure need based maintenance for parents and senior citizens and their welfare and is under active consideration for amendments in 2019.
- **Integrated Programme for Senior Citizens was introduced by the Ministry of Social Justice and Empowerment in 1992, as revised from time to time.** The main objective of the Scheme is to improve the quality of life of the Senior Citizens by providing basic amenities like shelter, food, medical care and entertainment opportunities and by encouraging productive and active ageing through providing support for capacity building of State/ UT Governments/ Non-Governmental Organizations (NGOs)/Panchayati Raj Institutions (PRIs) / local bodies and the community at large.
- The **‘Rashtriya Vayoshri Yojana’ (RVY) was launched w.e.f. 01/4/2017**, for providing physical aids and assistive living devices viz. walking sticks,

elbow crutches, walkers/crutches, tripods/quad-pods, hearing aids, wheelchairs, artificial dentures and spectacles etc. to the senior citizens belonging to BPL category who suffer from age related disabilities/infirmities such as low vision, hearing impairment, loss of teeth and loco-motor disabilities to restore near normalcy in their bodily functions.

- **Vayoshreshtha Samman Awards** are National Awards which are conferred to eminent Senior Citizens and Institutions for rendering best services to senior citizens each year from 1999. The Ministry of Social Justice and Empowerment observes International Day of Senior Citizens on 1st October.
- **Indira Gandhi National Old Age Pension Scheme (IGNOAPS)** is implemented by the Ministry of Rural Development National Old Age Pension Scheme under National Social Assistance Programme since 1995. Under this scheme Central assistance is given towards monthly pension @ of Rs.200/- to 60 years old and Rs.500/- to persons above 80 years belonging to a house hold below poverty line, which is meant to be supplemented by contribution of the State Governments.
- **National Programme for Health Care of the Elderly (NPHCE)** -the Ministry of Health and Family Welfare launched National Programme for Health Care for Elderly in 2010. The programme is State oriented and basic thrust of the programme is to provide dedicated health care facilities to the senior citizens (>60 year of age) at various level of primary health care.
- **Pradhan Mantri Vaya Vandana Yojana (PMVVY)** is a pension scheme for senior citizens which have been introduced by the Government of India. The scheme was launched on 21st July 2017 by the Ministry of Finance. The scheme is a boon for senior citizens in the times of falling interest rates. The aim of the scheme is to give senior citizens regular pension. The scheme can be purchased offline and online through Life Insurance Corporation of India (LIC).
- **Senior Citizen Welfare Fund** was established by the Ministry of Finance in 2015-16. Any credit balance in any of the accounts under (a) small savings and other saving schemes and other schemes of Central Government (b) Accounts of Public Provident Fund remaining unclaimed for a period of seven years from the date of its declaration as an inoperative shall be transferred by the Institutions holding them to the fund The fund shall be utilized for the welfare schemes meant for senior citizens.

SCOPE AND COVERAGE UNDER NAPSRc:

ANNEXURE II

(i) Financial Security:

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
1.1	Rate of monthly pension will need to be revised at intervals so that inflation does not deflate its real purchasing power. Pension should be calculated on the basis of CPI.	National Social Assistance Programme and Plans of State Governments
1.1.1	Pension must go by DBT in the account of the beneficiary and the ATM card should be issued in the hands of beneficiary senior citizen to prevent misuse. For bedridden pensioners preferably bank must deliver pension at doorstep/ through BCA/Postal system. Jeevan Praman Patra should be linked with the CSC and the Bank Branch identifying the beneficiary at the time of payment through withdrawal slip/cash.	Ministry of finance and State Govt. In consultation with Banks and Postal Deptt.
1.2	Ensuring better returns on Savings of Sr. Citizens from accumulations in provident funds through prudent and safe investment of the funds.	Convergence of existing Schemes
1.3	Timely Settlement of retirement benefits of pension, provident fund, gratuity and other retirement benefits, so that the superannuated persons are not to hardship due to administrative lapses. Accountability for delays will be fixed. Widows will be given special consideration in the matter of settlement of benefits accruing to them on the demise of husband.	Existing Pension/ other benefits.
1.4	Setting up of redressal mechanism for retired officials (Govt/ PSU/ Private)	Existing benefits
1.5	Establishment of pension schemes both in the private as well as in the public sector for self-employed and salaried persons in Non-Governmental employment, with provision for employers also to contribute.	Pension scheme to be introduced for private as well as public sector for self-employed and salaried persons (Contributory)
1.6	Strengthening of Regulatory Authority for pension fund	The Authority to have powers of a Civil Court.

1.7	Periodical Review of Taxation policies w.r.t. to the financial problems of Senior Citizens due to high costs of medical and nursing care, transportations and support services needed at home.	Information, Education and Communication (IEC) Material on the existing benefits being provided to senior citizens under Income Tax Act.
1.8	Long term savings instruments will be promoted to reach both rural and urban areas. It will be necessary for the contributors to feel assured that the payments at the end of the stipulated period are attractive enough to take care of the likely erosion in purchasing power due to inflation. Earners will be motivated to save in their active working years for financial security in old age. Pre-retirement counselling programmes will be promoted and assisted.	Existing schemes to be revised
1.9	Employment in income generating activities after superannuation should be the choice of the individual. Skilling and re-skilling be encouraged for income generation activities keep elderly occupied and restore their self esteem. Employers be trained not to adopt same standards for young workers as for older workers. Organisations which provide career guidance, training and orientation and support services will be assisted.	Integration of elderly into work force in order to effectively utilize their experience/ expertise. 1. Conducting Sr. Citizens placement camps 2. Preferably engaging 1 Sr. Citizen in each Sr.CH. (Not above the age of 65 years) within the prescribed staff norms. 3. Organisation which provide career guidance, training and orientation and support services will be assisted
1.10	Sponsoring Projects for income generation	Support self-help groups of senior citizens through micro finance
1.11	Review of age related discrimination in schemes/programmes for credit, marketing, medical insurance etc. to Sr. Citizens	Rationalising existing guidelines

1.12	Creating awareness to ensure the rights of the parents and senior citizens under MWPC Act, 2007. The right of parents, without any needs to be supported by children, having sufficient means have been recognised by CrPC, Hindu Adoption Act. Ensuring speedy relief by the machinery in place may be ensured.	As per Acts and Codes.
1.13	Timely disposal and speedy relief to senior citizens for their petitions under MWPC Act.	As per MWPC Act
1.14	A Contributory Welfare Fund for the Senior Citizens will be set up with funding support from Govt, Private, Trusts, Charities, individuals and others. Contribution to the Fund will be given tax Relief. States expected to establish similar fund.	Finance Ministry to create at Centre, Finance Departments at States. Funding through Banks, other methods
1.15	A Group Pension Plan for SHGs/RWAs/ Traders Association etc can be designed for specific groups and made available for Old Age security.	State Govt. In consultation with Rural Development and Ministry of Finance will formulate regulations.

(ii) Health Care & Nutrition

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
2.1	Providing separate, specialized and comprehensive health care to the senior citizens at various levels of state health care delivery system including outreach services	National Programme for Health Care of the Elderly(NPHCE)
2.2	Strengthening of primary healthcare system for health services, preventive, curative, restorative and rehabilitation purpose of Sr. Citizens	Under NPHCE
2.3	Training and orientation in health care of elderly to Para-Medical personnel and private Medical Practitioners, in Primary, Secondary and Tertiary Health Care including AYUSH.	Suitable modifications in the syllabus/ training modules
2.4	Making Doorstep Diagnostic facilities available (once a month/quarter) at Day Care Centres to pre-empt illnesses.	For preventive healthcare measures for elderly
2.5	Making Doorstep REHABILITATION/PHYSIOTHERAPY facilities available at Day Care Centres using Assistants to Physiotherapists etc.	For providing physiotherapy to senior citizens at doorstep

2.6	Encourage private medical care with a condition to offer discount to Sr. Citizens in consultation fee, treatment and investigations etc	Recognition of best Institutions/ Hospitals
2.7	Review of Health insurance schemes for Sr. Citizens to ensure that these cater to different income segments of the population	Review of existing schemes
2.8	To introduce Long Term Care Insurance for Elderly people for providing care-givers at Home/institutions during Care dependant phase of life.	Review of existing policies.
2.9	To incentivise and assist trusts, charitable societies and voluntary agencies to provide treatment to the very poor elder citizens	Convergence of existing schemes including 'Ayushman Bharat'
2.10	Provisions for separate counters and queues for Sr. Citizens in Hospitals including Private Hospitals	All hospitals/ clinics to be advised by M/o HFW
2.11	Govt Hospitals, Hospitals funded fully or partially by the Govt shall provide beds for all senior citizens, as far as possible	M/o HFW to coordinate
2.12	There should be earmarked facilities for geriatric patients in every district Hospitals, duly headed by a Medical Officer with experience in geriatric care.	M/o HFW to coordinate
2.13	NGOs (especially Religious organizations) will be encouraged and assisted for:- a.) Provision of Mobile Medicare units in remote and inaccessible areas for providing basic healthcare to senior citizens b.) Physiotherapy clinics for Sr. Citizens c.) Hospices and Respite Homes for the old who are terminally ill or for those elderly who require continuous treatment and care	Setting minimum standards for mobile Medicare; Funding of proposals of MMU and Physiotherapy as per defined minimum standards
2.14	Capacity Building /Training to enhance the availability of health and Long Term care giving services at homes for senior citizens. Training of Senior citizens themselves and the Informal care-givers/family/community. (including making School and college youth, NCC/NSS/NYK etc aware about senior citizen's issues in a structured manner (VRIDHA GYAN GANGA)	Setting minimum curriculum / standards for training of Senior citizens themselves and their Informal caregivers / family / community.
2.15	Creation of Pool of Elderly Care Taker(Non Clinical)(DWSSC) and Geriatric care givers/Home Health Aides/General Duty Astd. /Astd. Physiotherapist/Astd. Rehabilitation Therapist (HSSC). Creation of Placement Agencies for Care-givers. Including RPL (Recognition of Prior Learning as Care-givers)	Formulation of Standards/ Guidelines for Astd. Rehabilitation Therapist by NISD/Health Sector Skill Sector Council. Promoting NGOs to take up Training of Caregivers. (Recognition of Prior Learning as Care-givers)

2.16	Creation of Pool of Care Assessors	Formulation of Standards/ Guidelines for Care Assessment by NISD/Health Sector Skill Sector Council
2.17	Promoting Palliative Care for Elderly at Home or in Institutional Setting	Promoting care Delivery/Counselling service for each setting
2.18	Creation of Pool of Plumbers, Masons/Electricians/ Carpenters/ for making homes Elderly Friendly.	Short term training 1 week and Recognition of Prior Learning
2.19	Creation of Therapists for Well Being of Elderly such as Pet Therapists, Aroma Therapists, Music Therapists, Hobby Classes, Mud Therapy, Hydro therapy etc	Formulation of Standards/ Guidelines for Care Assessment by NISD/Health Sector Skill Sector Council/ AYUSH/ ICNY/
2.20	Including Community Participation in Counselling and Therapies for the elderly.	
2.21	Production of IEC material on:- 1. Self Care by Sr. Citizens 2. Health & Nursing care of Sr. Citizens for the use of family care givers, 3. Responsibility of Community towards Seniors 4. Education material on HEALTHY AGEING/WHOLISTIC HEALTH 5. Nutritional Needs in Old Age 6. Making Homes Fall Safe 7. Facilities available for Elderly	NISD in collaboration with Premiere institutions like AIIMS, Delhi or any other reputed org.
2.22	Concept of Healthy Ageing will be promoted. This will include preventive Health Care and early diagnosis through education to Sr. Citizens and their families	Role of ASHAs/ ANMs to be expanded

2.23	a) Strengthening of Health Education programmes by use of mass media, electronic media, folk media, social media and other communication channels b) The younger and middle age groups will also be targeted to inform as to how lifestyles during early years effect health status in later years c) Importance of balanced diet, physical exercise, reduction of stress, regular medical check-up and allocation of time for leisure/ hobbies will be promoted	Awareness programmes
2.24	Expansion and strengthening of Mental Health Services to Sr. Citizens and counselling of families on the issue	Convergence of existing schemes
2.25	Providing online Health Care by way of “Call the Doctor” facilities. A panel of retired senior citizen doctors /NGOs can be enrolled for this purpose.	Developing an online platform.
2.26	Providing vaccination Services Facilities for Elderly from time to time at Day Centres/PHCs	For healthcare measures of the elderly
2.27	DEATH REGISTRATION SYSTEM should be strengthened and linked with all the Bank accounts/Various Pension offices.	Review of existing schemes and their convergence for effective implementation
2.28	End of Life Services planning, Popularizing Green crematoriums, Booking of Burial Space, Revival of Burial Spaces,	Suitable measures for improvement at crematoriums/burials

(iii) Shelter and Welfare

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
3.1	Providing spaces available for activities for Elderly such as Day Care Centres/Old Age Homes etc in master Plan and in every ward/Village area as per population need @ 1 day care centre per 1000 population and minimum 1 Old Age Home of 15-20 beds per 1 Lakh population. For this, premises of schools after closed/properties being confiscated by ED/Income Tax etc and even allowing local Nursing Homes to be converted to Hospice/Old Age Homes.	Setting up of DCC/ OAH

3.2	Senior Citizens will be given easy access to loans for purchase of housing and for major repairs and/or adapting Homes for Elderly, with easy repayment schedules.	Review of existing schemes/ programmes
3.3	Pension providing agencies can consider giving 6 months pension in advance to Make homes Elderly friendly and recover it from future pensions	Review of existing schemes/ programmes
3.4	Layouts of housing colonies will have to respond to the life styles of the elderly. It will have to be ensured that there are properly levelled and there are no physical barriers to mobility, and accessibility to shopping complexes, community centres, parks and other services are safe and easy.	M/o Housing and Urban Affairs HU&A), D/o EPwD, States
3.5	<p>Preferences will be given to the Senior Citizens in the allotment of flats on the ground floor. Master Plans, where necessary shall be modified to provide for:</p> <ol style="list-style-type: none"> 1. Lifts for upper floors senior residents, even without consent of GF residents by allowing extra FAR and sky-bridge to connect the house to the Lift facility. 2. Maintenance Kiosks in Residential just like Milk/Vegetable shops within the residential colony. 3. Day Care centres in Parks and in Community Centres/Religious institutions/Schools 	Guidelines on the issue will be reviewed

3.6	Group Housing of Senior Citizens comprising flat-lets/ service apartments with common service facilities for meals, laundry, common room and rest rooms will be encouraged. Making provision for easy access to community services, Medicare, parks, recreation and cultural centres etc.	May frame / issue MoU, guidelines,
3.7	Senior Citizens and their families will be provided access to information on measures for prevention of accidents and on measures which enhance safety, taking cognizance of reduced physical capacity and infirmities.	IEC material
3.8	Senior Citizens will be given special consideration in promptly dealing with matters relating to transfer of property, mutation, property tax, electricity, water bills and other matters.	To avoid harassment and abuses in such cases will be checked.
3.9	Norms laid down for noise and other forms of pollution, which would affect the senior citizens adversely, should be strictly enforced.	M/o EFCC to detail the norms, limits. Civic Authorities to implement.
3.10	Boosting Reverse Mortgage through Banks/NBFCs	To provide financial security to the senior citizens during their twilight years
3.11	Elderly friendly real estate	<ul style="list-style-type: none"> . Creating facilities for elderly where schools which are closed, building and infra should be made available to Senior Citizens immediately. . Open gym within a park. . When community halls are constructed space should be earmarked for senior citizens . In town plans space should be earmarked for senior citizens homes DCC/ recreation . Prefabricated kiosk or chow-pal provision should be made in parks.
3.12	Issue of identity cards to senior citizens by the administration, preferably specially marked Aadhaar cards by UIDAI.	For existing as well as new schemes/programmes
3.13	Concessions in entrance fees in leisure and entertainment facilities: art and cultural centres and places of tourist interest.	For entertainment facilities

3.14	Speedy disposal of complaints of Senior Citizens relating to fraudulent dealings, cheating and other matters. Machinery for achieving this objective put in place.	Appropriate mechanism to be devised by the respective Departments for speedy disposal.
3.15	Maintenance of senior citizens Tribunal be mandated to offer counselling and be made an official repository of Wills/End of Life planning documents for the residents of the district	Appropriate mechanism to be devised by the respective Revenue Department
3.16	Voluntary/ NGO Sector to be a very important institutional mechanism to provide user friendly affordable services to complement the endeavours of the State.	Support through existing schemes/programmes and formulation of new schemes, wherever required.
3.17	Voluntary effort will be promoted and supported to remedy the current uneven spread within and between the States. For this there will be continuous dialogue and communication with NGOs on ageing issues and on services to be provided. Networking, exchange of information, and interactions among NGOs will be facilitated.	Review of the existing Schemes by the Central/ State Govts, for even-spread of the projects for the welfare of senior citizens.
3.18	Networking for Elderly between themselves e.g Octogenarian club, centenarian clubs, Diabetics club, Single males, Single Females, Hobby oriented, Recreation oriented, Sports oriented, Laughing Clubs, Activity clubs etc.	Incentivize such activity by awarding and honouring valuable contributors
3.19	Trusts, charities, religious and other endowments will be encouraged to expand their areas of concern to provide services to the elderly by involving them on ageing issues.	Through dialogue and incentivization.

3.20	<p>The State Government may enable and empower such number of Senior Citizen Homes (Old Age Homes) at accessible places, as it may deem necessary, in a phased manner, beginning with at least one in each district to accommodate in such homes around 15-20 in each home so that Distt. may have provision for around 150 such senior citizens who are indigent. Preference will be given to physically challenged elderly. (indigent means any senior citizen who is not having sufficient means, as determined by the State Government, from time to time, maintain himself/herself)</p>	As given in MWPC Act, 2007
3.21	<p>The State Government may prescribe a scheme for management of Senior Citizen Homes, including the standards and various types of services to be provided by them which are necessary for medical care and means of entertainment to the inhabitants of such homes.</p>	As given in MWPC Act, 2007
3.22	<p>Senior Citizens will be encouraged and empowered to organise themselves to provide services, including counselling and need based assistance to fellow senior citizens thereby making use of their resources, professional knowledge, expertise and contacts. Initiatives taken by them in advocacy, mobilisation of public opinion, raising of resources and community work will be supported.</p>	Recognition through awards
3.23	<p>EQUIPMENT BANKS: The Distt. Senior Citizen council/NGO will be encouraged to maintain Equipment Banks such as Special bed, Air mattress, Oxygen generator motorized wheel chair, Ventilator, Monitors etc. with a provision to return the equipment once the same is no longer required by the elderly person and the same may be given to next person in queue.</p>	Creation of Equipment Banks at Block level across the country.

3.24	MEDICINE BANK: The Distt. Senior Citizen council/NGO will be encouraged to maintain such a Medicine Bank based on Donated medicines from society. Chronically ill elderly can be given special packages for medicine procurement.	Creation of Medicine Banks at Block level across the country.
3.25	Care Giver support: Funds from MGNREGS/Gram Panchayat/MUNICIPAL resources etc. be used to give TRAINED CARE-GIVER for the Elderly on the basis of 1 Care-giver for 4 same sexed elderly to be helped 2 hours each for a man-day. Funds from labour welfare fund/CSR can also be used.	Creation of care giver support fund
3.26	PHYSIOTHERAPY SUPPORT: funds from MGNREGS/Gram Panchayat/MUNICIPAL resources etc be used to give TRAINED Asstt. PHYSIOTHERAPIST/REHABILITATION THERAPIST for the Elderly on the basis of 1 Therapist for 4 same sexed elderly to be treated 2hrs each for a man-day. This will save the manpower of bringing the elderly person to Physiotherapy clinic daily. Funds from labour welfare fund/CSR can also be used.	Formation of pool for physiotherapy to senior citizens
3.27	Support will be provided for setting up Voluntary Programmes. Volunteers will be provided training and orientation to assist the home bound elderly, particularly frail and elderly women and help them to overcome loneliness. Services of NCC/NSS//Scouts & guides/Sewa Dal can be used for creating Intergenerational Bonding.	Formulate time bound scheme and other such schemes
3.28	Encourage corporations and restaurants/hotels etc to provide their products and services to Senior citizens at an additional discount	Earmarking specific hours for senior citizens on additional discount in Hotels/restaurants

3.29	Trade unions, employers' organisations and professional bodies will be approached to organise sensitivity programmes for their members on HEALTHY ageing and other issues, and to promote and organise services for superannuated workers.	By issuance of appropriate instructions and relevant material may be uploaded on the website of this programme
3.30	Providing physical aids and assisted living devices and appliances to senior citizens belonging to BPL category.	Convergence with Rashtriya Vayoshri Yojana and State Schemes
3.31	Formation of Vridha Sanghas/ Senior Citizen Associations/Senior Citizen Forums/ Self Help Groups at State, District and Division levels to mobilize senior citizens, articulate their interests, promote and undertake programmes and activities for their well-being in the neighbourhood.	Such an association should have at least 100 Senior Citizens as its members.
3.32	Facilities, concessions, relief to Sr. Citizens by Central/ State Govt Agencies will be compiled, updated at regular intervals and made available to Associations for Senior Citizens for wide dissemination and on Website/Sr. CITIZEN APP	A separate website to be developed for this purpose.
3.33	To identify the vulnerable sections among senior citizens like poor, the disabled, single persons, CHILDLESS ELDERLY, the infirm, bedridden the chronically sick and those without family support.	Need Counsellors and Neighbourhood support and Friendly Police Vigil Convergence of all financial, health, and welfare schemes of Govt, States
3.34	Discrimination against the senior citizens for availing opportunities or education will be removed. Elderly will be facilitated for reporting whenever they feel they have been discriminated against or abused.	Review of existing schemes

3.35	Sustained Programmes covering wide spectrum from skill development to creative use of leisure, appreciation of art, culture and heritage, hobbies and imparting skills in community work in welfare activities will be encouraged. Youth volunteers/state Organizations like NCC/NSS/NYK/ Bharath Sewa Dal etc will help create a platform to use knowledge and resources of the elderly.	States to play a bigger part in this, providing last mile connectivity to the senior citizens to avail them of the facilities
3.36	Family is the most cherished social institution, giving social security to the senior citizens. Family support system to continue to be functional and the ability to discharge its caring responsibilities will be strengthened through support services and recognition and rewards system.	Convergence of various programmes
3.37	Promoting Pilgrimage packages/ tour circuits for Elderly of various communities	Convergence of schemes
3.38	Promoting TOURISM packages/ tour circuits for Elderly of to various Destinations	Formulation of appropriate packages
3.39	DISPUTE RESOLUTION MECHANISM for the ELDELRY	https://www.nhs.uk/conditions/dementia/legal-issues/

(iv) **Protection of life and property of Senior Citizens**

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
4.1	Voluntary organisations and associations of Senior Citizens will be assisted to provide protective services and help to senior citizens through helpline services, legal aid and other measures.	Setting up of the helpline Legal Aid through NALSA

4.2	Police will be directed to keep a friendly vigil on older couples or old single persons living alone and promote mechanisms of interaction with neighbourhood associations. Call centre based Family /Police Assistance system will be encouraged to help elderly in distress through press of one single button. Children will also be encouraged to set up video cameras to stay connected with their elderly back home.	Review of existing instructions/ guidelines/ advisory
4.3	Information and advice will be made available to Senior Citizens on the importance of keeping contacts on phone with relatives, friends and neighbours and on precautions to be taken on matters such as prevention of unauthorised entry, hiring of domestic help, visits of repair and maintenance persons, vendors and others, and the handling of cash and valuables.	IEC material on the issue.
4.4	Central Govt and State Govt Officers including Police Officers and Members of Judicial Service and Senior citizen associations/organizations are to be given periodic sensitisation and awareness training on the issues relating to the MWPSA Act, 2007.	Suitable modification in existing training modules and developing new short (one day/two day) modules
4.5	Effective Monitoring the implementation/enforcement of the MWPSA Act, 2007	Review of a mechanism for regular and continuous monitoring of implementation
4.6	To provide for a ‘Senior Citizen Cell’ or a nodal officer for senior citizens” in all police stations. Honorary Senior (Police) Wardens can be appointed in each ward of Municipality and each gram Panchayat who will look out for abuse/hardships to elderly.	State Police Departments to be addressed by D/o SJ&E in conformity with Sr. Citizen Act.
4.7	To operate a National Level Helpline for senior citizens	Setting up of the helpline
4.8	Allowing Income tax rebate for deploying caregiver for your elderly parents/spouse/self upon payment through DBT.	For providing additional income tax rebate

(v) Active and Productive Ageing with Intergenerational Bonding and Skill Development

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME

5.1	Running of Multi Service Day Care Centre with periodic medical check-up facilities and counselling. Existing community centres/ buildings/religious institutions can be converted into DCCs or Temporary structures may be allowed in corners of the parks. For this purpose property tax, water and electricity bills may be exempted/ waived off.	<ol style="list-style-type: none"> 1. State Schemes 2. Local Bodies and Gram Panchayats will be encouraged to set up such centres and incentivised.
5.2	Functional Literacy for illiterate Elderly should be tackled on war footing in order to ensure basic things such as Banking, drug compliance, Property matters etc and for remaining usefully occupied.	Promotion of adult education and digital literacy amongst senior citizens
5.3	Distance Learning packages, access of senior citizens to libraries of universities and cultural centres will be facilitated with the assistance of Universities.	M/o HRD and States to coordinate
5.4	Digital Literacy will be promoted along with Functional Literacy.	Simple, elder-friendly means to be encouraged
5.5	The National Policy recognises 60 years + phase of life is as a huge untapped resource. Facilities to be made available so that this potential is realised and individuals are enabled to make appropriate choices	Utilisation of experience of senior citizens.
5.6	Promoting Organ Donation for and by Senior citizens and amongst themselves as well.	Creation of Awareness and information on importance on organ donation.
5.7	Honouring the Long Term care giving Institutions especially in areas such as Dementia, Parkinson's, Alzheimer's, End of Life Care etc	Recognition of the services of care giving individual/organisations at each level States/District/Block/ Gram Panchayat level
5.8	Appointment of OMBUDSMAN. In all Locations where there are Old Age Homes/Respite Care homes/Day Care Centres for Elderly the State/ Distt. Senior Citizen Council shall endeavour to appoint OMBUDSMAN having good reputation and character who may be a retired senior official of respective sexes. The ombudsman shall be empowered to visit the facility unscheduled.	Appointment of Ombudsman for regulation and monitoring of programmes/facilities being funded by the Central/States under various schemes for senior citizens
5.9	Efforts will be made to make family members appreciate and respect the contribution of Senior Citizens, especially Senior Women in the running of the household.	By creating awareness on the issues & providing IEC material for the same.

5.10	Programmes will be developed to promote family values, sensitise the young on the necessity and desirability of Inter-Generational Bonding and continuity and desirability of meeting filial obligations. Values of caring and sharing need to be enforced.	Organising Walkathons, various activities involving grandparents and grandchildren
5.11	Connect youth to care for the elderly, to map expertise of senior citizens to needs of the youth such as Career counselling/Skill -crafts etc. Youth in Colleges may be motivated to stay with elderly as PG instead of staying in Hostel with Hostel/College wardens acting as links with the elderly.	Colleges/ coaching centres can select the youth for paying guests with the elderly people in their residences. Elderly people can register themselves with the colleges in advance for the same. (NGOs can also be used for such initiatives to facilitate the connect)
5.12	Convergence of Sr. Citizen Homes with orphanages. Sr. Citizens can be useful for orphans & younger generation : 1. Emotional Bonding 2. Value Imbibing	Convergence of existing Schemes of M/o SJE, M/o WCD and States
5.13	Sr. Citizens with specialised knowledge to be identified and utilised for:- 1. Skill building 2. Specialised knowledge transfer 3. General Knowledge building 4. Values education 5. Story telling Especially for younger children.	1. Conducting workshops for skill building, like carpentry, plumbing, etc 2. Coaching classes for the youth 3. NGOs can also be used.
5.14	State policies will encourage children to co-reside with parents, by providing tax relief, allowing rebated for medical expenses and giving preference in allotment of houses.	Changes in the Income Tax Act

5.15	Short Term Stay facilities (RESPITE HOMES) for older persons will be supported so that the families will get some relief when they have to go out. NGOs will be encouraged to operate RSEPIE HOMES for senior citizens.	Social Workers to be incentivised
5.16	Counselling services will be strengthened to resolve family related issues	Maintenance Tribunal under MWPC Act, 2007, courts, Police and other authorities to act accordingly.
5.17	Youth during the course of education/ projects should be encouraged to spend time/ hours with sr. citizens. The number of hours so spent should be reflected or rewarded in overall grading/ assessment/ or in a Time Bank which will accrue to the senior citizen Parents who can avail of that anytime in their home location.	Suitable modification in the curriculum of students
5.18	Family and Long Term caregivers of senior citizens to be duly rewarded / recognised for their efforts.	Suitable modification in the Scheme of Vayoshreshtha Samman.
5.19	Identifying and creating jobs in Elderly Care at Home, in Institutions, in Senior Living Sector, Hospice and in End of Life Planning and Day Care Centres. Also Care Assessors Geriatric Physicians/Doctors/DIETICIANS/ Geriatric Nurses and Physiotherapists and Astd. Physiotherapists/Astd. Rehabilitation Therapists/AYUSH for ELDERLY	States to play a bigger part in this, providing last mile connectivity to the senior citizens to avail them of the facilities

(vi) **Accessibility, transport and Age Friendly environment**

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
6.1	Providing Fare concessions in all modes of travel, with preference in reservation of seats and earmarking of seats in local public transport.	Review of existing schemes and programmes
6.2	Enabling easy entry and exit of senior citizens in public transport, and strict enforcement of traffic discipline at zebra crossings to facilitate Senior Citizens to cross streets	--

6.3	Removal of physical barriers to facilitate easy movement, especially in Public spaces/pavements etc. Making Public Places accessible to senior citizens suffering from age related disabilities/ Infirmities and marking elderly friendly zone paths/locality/town/village which can be honoured and used as a tourist attraction as elderly have time and money to spend.	Extension/ Modification of Accessible India Campaign.
6.4	Encouraging ELDER FRIENDLY TAXIS or CABS wherein WHEELCHAIRS can FIT IN. Similarly Elderly Friendly BUSES	Promotion of concept of elder friendly taxis and buses
6.5	Other benefits to senior citizens for enhancement & age friendly environment	Preferential treatment like separate queues, lower berths etc
6.6	Making homes more friendly for senior citizens by advocating appropriate designs and technology and encouraging Builders to promote senior friendly housing.	Awareness generation and incentivising innovation for appropriate technology

(vii) Awareness Generation and Capacity Building

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
7.1	Creative use of media to promote active ageing and help dispel stereotypes and negative images about this stage of the life cycle.	M/o HFW, D/o SJ&E, M/o I&B (PIB) to coordinate
7.2	Use of media to help strengthen inter-generational bonds and provide individuals, families and groups with information and educational material which will give better understanding of the ageing process and the ways to handle problems etc.	Sharing of best practices and seeking of innovative ideas through Media
7.3	To involve mass media, social media, informal and traditional communication channels on ageing issues and to report positive stories also and not create fear psychosis amongst the elderly.	To discuss issues relating to Ageing

7.4	To provide opportunities to media personnel to have access to information apart from their own independent sources of information and reporting of field situations. Their participation in orientation programmes on ageing to be facilitated. Opportunities will be extended for greater interaction between media personnel and persons active in the field of ageing.	A separate website to be developed for this purpose and a Nodal Officer in the Department be nominated (as in 5.13 above)
7.5	Developing of a Website/APP for dissemination of information on the schemes/programmes, sharing of experiences and best practices for Senior Citizens	Developing of a new website/APP for the use of Sr. Citizens
7.6	Programmes for training to Doctors, nurses and to paramedical personnel need to be introduced in specific courses on geriatric care in their educational and training curriculum.	M/o HFW, State Govt., NISD
7.7	In-service training centres to be strengthened to take up orientation courses on geriatric care for all departments where Elderly interface regularly. Assistance to be provided for development of curriculum and course material.	M/o HFW, NISD and States
7.8	Schools of Social Work/Psychology/Rural Development etc in University Departments to give more attention in their organisation of Social services for covering the Care and Counselling of senior citizens.	M/o HFW, M/o HRD, NISD, States
7.9	Facilities to be provided and assistance given for training and orientation of personnel of NGOs and Government officials at cutting edge of Departments providing services to Senior Citizens. Exchange of training personnel to be facilitated.	M/o HFW, D/o SJE, States
7.10	Assistance to be given for development and organising sensitisation programmes on ageing for legislative, judicial and executive wings at different levels.	D/o SJ&E, M/o Law & Justice, States
7.11	Creating a pool of trained personnel who can run/monitor/act as OMBUDSMAN for the senior citizen homes as per minimum standards for the Homes as well as services.	Capacity building of implementing agencies personnel

(viii) Promoting Silver Economy : senior friendly industrial goods and services in the society

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
<p>8. PROMOTING SILVER ECONOMY: SENIOR FRIENDLY INDUSTRIAL GOODS and SERVICES in the SOCIETY</p>		
8.1	<p>Making available Products, Services for Elderly Care, Healthy Ageing, Leisure and Pleasure and for Healthy Ageing Industry, Elderly Therapy Industry, Medicines for Elderly, Nutritional Supplements and Special Diet Edibility enhancers for the Elderly, Special Assistive Devices, Cutlery , Elderly Friendly Bathroom and Home Fittings</p> <p>Elderly Friendly games and Sports Equipment</p> <p>Elderly Friendly Educational Services/Universities/Courses/colleges</p> <p>Elderly Friendly Books/Stationery/Hobby Products</p> <p>Elderly Friendly Apps/ Toys/Special Care products such as for Dementia/Parkinson's /Alzheimer's etc</p>	<p>Making available the facilities to the senior citizens, enabling them a barrier/ disease free and healthy ageing</p>

8.2	<p>FAST TRACK COURTS for cases where Elderly are involved</p> <p>Giving Immediate Relief and Restoration of DIGNITY for ABUSED ELDERLY</p> <p>Giving Immediate Relief AND RESTORATION of PROPERTY for ABANDONED ELDERLY</p> <p>GETTING DUES/DOCUMENTS of ELDERLY thrown out of the House and not having documents of their properties</p> <p>Making Decisions on behalf of Elderly suffering from Dementia/ Parkinson's/ Alzheimer's etc who cannot decide for themselves.</p>	<p>Lasting power of attorney (LPA) for such senior citizens who are affected by Dementia etc.</p>
8.3	<p>PROMOTING specific sites in INDIA as DESTINATION for AGEING at LEISURE with PLEASURE</p>	<p>Identifying Senior friendly towns/locations from Traffic/climate/mobility and Therapeutic point of view and Promoting the same as destinations for AGEING at LEISURE with PLEASURE</p>

(ix) **Research and Study**

S.No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME
9. RESEARCH AND STUDY		
9.1	Good database on Senior Citizens preparation and updating thereof.	Use of data base for formulation of new schemes
9.2	Collecting data and dissemination of the same on Causes of MORBIDITY and MORTALITY of Senior Citizens and preventive Measures. Collection of more data in Sample Registration System (SRS) of Registrar General of India on Elderly.	Collection of Data on elderly through Census

9.3	Collecting data on Crime against Senior Citizens in more details by NCRB (National Crime Record Bureaus) and disseminating the findings to prevent further crimes against elderly.	For conducting Study/ Research to prevent crimes against Sr. Citizens,
9.4	Data on impact of Substance abuse in old age. Measuring the impact vis-a-vis Cohorts.	Creation of IEC material and awareness campaign
9.5	Impact of Living Arrangements on Elderly Lifestyle and Long Term Care issues.	Study/Research on impact of living arrangements of elderly on lifestyle and long term care issues
9.6	Socio-economic-and cultural Determinants of Long Term Care of Elderly in Rural/Urban Settings	Assessment of socio-economic, cultural determinants for long term care of elderly
9.7	Study on status and facilities available to various socio-eco-cultural groups of Elderly	To study the need for improvement in facilities, by involving the senior citizens.
9.8	Research on Dementia, Parkinson's, Alzheimer's and such age related diseases and their care regimens.	To enable the elderly to avoid these diseases in the first place, and in case of patients their care.
9.9	Research on Impact of Care-giving on Care-givers	Study/ research on impact of care giving on caregivers
9.10	Use of Artificial Intelligence/robotics in care of Elderly	Best use of available resources for facilitating the senior citizens
9.11	Demographic Hot spots of senior citizens	Identifying and acting
9.12	Ageing issues in different Occupations especially Farmers, Manual Labourers, Scavengers, weavers etc Relating Occupational hazards with Ageing.	Research and study
9.13	Impact of Climate change on Ageing	To develop tools for better and healthy ageing
9.14	Impact of Natural Disasters on Senior Citizens	To develop tools for better and healthy ageing
9.15	Relating Long Term care of elderly to number of issues/family Size	Mainstreaming of ageing and long term care in the family
9.16	Response of various socio-cultural communities to Long Term Care of their Elderly	Mainstreaming of ageing and long term care in the society
9.17	Ways of Promoting Community Participation in Palliative Care for Elderly at Home or in Institutional Setting	For easing the concept of palliative care
9.18	Research on ways of promoting Community Participation in Counselling and Therapies for the elderly.	Communities get involved in matters related to the senior citizens

9.19	Developing parameters and Identifying Senior friendly towns/locations from Traffic/climate/mobility and Therapeutic point of view	Accessibility addressed.
9.20	Strengthening of centres for gerontological studies and geriatrics in Universities, medical colleges and research institutions, by assisting them.	For providing more comprehensive services to the elderly
9.21	Corporate Bodies, Banks, Trusts and Endowments will be requested to institute Chairs in Universities and Medical Colleges in gerontology and geriatrics.	To enhance knowledge and scope of gerontology
9.22	Funding support to be provided to academic bodies for research projects on ageing.	To promote research on the issues of senior citizens
9.23	Superannuated scientists will be assisted so that their professional knowledge can be utilised.	--
S. No.	STRATEGY	ACTIVITY/ SCHEME/PROGRAMME

(x) Project Management

10.1	State specific initiatives and best practices and new initiatives of senior citizens will be supported	
10.2	Technical and Managerial Support to Social Defence Division and NISD.	Hiring of consultants, interns, professionals & subject matter experts to support the implementation of the NAPSRc.
10.3	Technical and Managerial Support to State Govts.	Hiring of consultants, interns, professionals & subject matter experts to support the implementation of the NAPSRc.
